Contra	REGIONAL ADULT PARENTERAL DRUG MONOGRAPH		
Southern Health	GENERIC NAME bethamethasone		
Effective Date: May 13-2015 Revised Date: March 2024	CLASSIFICATION Glucocorticoid	OTHER NAMES Celestone	PAGE 1 of 1
ADMINISTRATION POLICY: IV Bolus – Do not administer IM Injection – May be administered by a nurse Subcutaneous – Do not administer			
RECONSTITUTION/DILUTION/ADMINISTRATION: Available as: 6 mg/mL 1 and 5 mL vial (betamethasone sodium phosphate 3 mg and betamethasone acetate 3 mg)			
IM Injection: Administer undiluted Maximum Concentration: 6 mg/mL			
DOSAGE: Antenatal use in preterm labor: 12 mg once daily for 2 days in preterm labor that begins at 24-34 weeks' gestation Maximum single dose: 12 mg (pre-term labour)			
STABILITY/COMPATIBILITY:			
Compatibility:			
 PRECAUTIONS, POTENTIAL ADVERSE REACTIONS: Adrenal suppression, anaphylactic reactions, immunosuppression, myopathy 			
ADDITIONAL NOTES AND NURSING CONSIDERATIONS:Do NOT use epidurally.			