



# REGIONAL PEDIATRIC PARENTERAL DRUG MONOGRAPH

GENERIC NAME

## sodium bicarbonate



Effective Date: May14-2014 CLASSIFICATION OTHER NAMES PAGE
Electrolyte, NaHCO3

Revised Date: Jan 2024 Alkalinizer

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## **ADMINISTRATION POLICY:**

IV Bolus – May be administered by a nurse
 Intraosseous – May be administered by a nurse
 IV Intermittent – May be administered by a nurse
 IV Infusion – May be administered by a nurse

IM Injection – Not recommended

### RECONSTITUTION/DILUTION/ADMINISTRATION:

Available as: 4.2% 0.5 mmol/mL - 10 mL pre-filled syringe

8.4% 1 mmol/mL – 50 mL vial and pre-filled syringe

# 1 mmol = 1 mEq Bicarbonate

NOTE: Flush IV tubing or catheters containing other medications with normal saline BEFORE and AFTER administering sodium bicarbonate.

**IV Bolus:** Route reserved for cardiac arrest. Over 2 to 5 minutes. Repeat every 10 to 15 minutes or

according to blood gases. If 0.5 mmol/mL product not available, dilute 1:1 of 1 mmol/mL

product with sterile water for injection.

**IV** intermittent: Dilute in convenient volume of compatible solution. Infuse over 15 to 60 minutes

(minimum) or up to 4 hours

**IV Infusion:** Dilute 50 mL (1 mmol/mL sodium bicarbonate) in 50 mL sterile water for injection.

Final volume: 100 mL Final concentration: 0.5 mmol/mL

**Intraosseous:** Refer to bolus, intermittent or infusion

**DOSAGE:** 

Cardiopulmonary Resuscitation: IV bolus/IO: 1 to 2 mmol/kg per dose every 10 to 15 minutes according to

acid-base status

less than 5 kg: 0.5 mmol/mL 2 to 4 mL/kg/dose

greater than or equal to 5 kg: 1 mmol/mL 1 to 2 mL/kg/dose (up to 100

mmol/dose)

**Metabolic Acidosis:** IV Intermittent: dose(mmol) = 0.3 x weight (kg) x base deficit (mmol/L)

Maximum: 5 mmol/kg/4 hours

**Replacement:** IV Infusion: 1 to 2 mmol/kg/hour

**Treatment of Hyperkalemia:** IV bolus/IV intermittent: 0.5 to 1 mmol/kg/dose. May repeat every

10 to 15 minutes until ECG changes reversed

(maximum 100 mmol/dose)

**Maximum daily dose:** 10 mmol/kg/24 hours (less than 2 years old)

Maximum rate: IV bolus: 0.5 mmol/kg/minute Infusion: 2 mmol/kg/hour





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### STABILITY/COMPATIBILITY:

**Stability of final admixture:** 24 hours at room temperature

**Compatibility:** Compatible with D5W, D10W, normal saline

DO NOT MIX with other medications. Flush tubing and catheters with normal

saline

### PRECAUTIONS, POTENTIAL ADVERSE REACTIONS:

- CV: peripheral edema
- Metabolism: metabolic acidosis, hypernatremia, hypokalemia, hyperosmolality
- Neuro: cerebral alkalosis, intracranial hemorrhage
- Renal: sodium and water retention
- Local: extravasation for IV administration of hypertonic sodium bicarbonate solutions may cause chemical cellulites, tissue necrosis, ulceration or local ischemia

### CAUTION:

- patients losing chloride from vomiting or GI suction risk of metabolic acidosis
- patients on diuretics known to cause hypochloremic alkalosis
- rapid injection (10 mL/minute) of hypertonic sodium bicarbonate (1 mmol/mL) solutions in neonates and children under 2 years of age may cause hypernatremia, a decrease of CSF pressure, and intracranial hemorrhage. Total dose should be less than or equal to 10 mmol/kg/24 hours.
- use sodium bicarbonate only when the acidosis has a significant metabolic component; avoid use in patients with low serum bicarbonate due to chronic respiratory alkalosis
- 1 gram sodium bicarbonate = 12 mEq of sodium and 12 mEq of bicarbonate

## ADDITIONAL NOTES AND NURSING CONSIDERATIONS: