



# Alcohol Withdrawal Assessment Flowsheet

## CIWA-Ar Directions for Use

Using the CIWA-Ar Scale, record the score of each item, then total the scores.  
Record the action(s)\* taken and the result.

Ina Minute  
DOB: 26-Mar-1968  
PHN: 123 456 789

Assessment Protocol a. Vitals, CIWA-Ar Assessment on initiation and BEFORE each Benzodiazepine dose. THEN; b. Continue CIWA-Ar q1h until score less than 10 x 3 consecutive measurements. THEN; c. If score remains less than 10 continue q4h x 2 then q8h x 6. If score remains less than 10 continue CIWA-Ar once daily x 72 hours. Then discontinue. IF score greater than 10 at ANYTIME, go to (b) above.	DATE (DD/MM/YYYY)	18/7/ 2023	18/7/ 2023	18/7/ 2023	18/7/ 2023	18/7/ 2023	18/7/ 2023	18/7/ 2023	19/7/ 2023	19/7/ 2023			
		TIME (24HOUR)	1730	1745	1845	1945	2000	2100	2155	0200	0600		
		PULSE	113	109	107	127	115	110	108	100	96		
		RESPIRATORY RATE	22	22	14	24	22	20	20	18	16		
		SpO2	94%	96%	93%	90%	93%	95%	96%	96%	97%		
		Blood Pressure	105/ 99	108/ 97	104/ 70	145 /88	132 /77	128/ 79	130/ 82	118/ 74	115/ 78		
<b>Nausea/Vomiting</b> ..... (0-7) 0-none; 1-mild nausea; 4-intermittent nausea; 7-constant nausea, frequent dry heaves and vomiting		4	4	1	4	1	1	1	0	0			
<b>Tremor</b> .....(0-7) 0-none; 1-not visible but can be felt; 4-moderate with arms extended; 7-severe, even with arms not extended		0	4	1	4	1	1	1	0	0			
<b>Anxiety</b> .....(0-7) 0-none, at ease; 1-mildly anxious; 4-moderately anxious or guarded; 7-equivalent to acute panic state		4	1	4	4	1	1	1	1	1			
<b>Agitation</b> .....(0-7) 0-normal activity; 1-somewhat normal activity; 4-moderately fidgety/restless; 7-paces or constantly thrashes about		4	4	1	4	1	1	1	0	0			
<b>Paroxysmal Sweats</b> ..... (0-7) 0-no sweats; 1-barely perceptible sweating, palms moist; 4-beads of sweat obvious on forehead; 7-drenching sweat		1	0	1	4	1	1	1	1	1			
<b>Orientation</b> ..... (0-4) 0-oriented; 1-uncertain about date; 2-disoriented to date by no more than 2 days; 3-disoriented to date by greater than 2 days; 4 – disoriented to date and/or person		3	1	1	2	1	1	1	0	0			
<b>Tactile Disturbances</b> ..... (0-7) 0-none; 1-very mild itch, tingling, numbness; 2-mild itch, tingling, burning, numbness; 3-moderate itch, tingling, burning, numbness; 4-moderate hallucinations; 5-severe hallucinations; 6-extremely severe hallucinations; 7-continuous hallucinations		0	0	0	3	1	1	1	0	0			
<b>Auditory Disturbances</b> .....(0-7) 0-not present; 1-very mild harshness/ability to startle; 2-mild harshness/ability to startle; 3-moderate harshness/ability to startle; 4-moderate hallucinations; 5-severe hallucinations; 6-extremely severe hallucinations; 7-continuous hallucinations		4	1	0	2	0	0	0	0	0			
<b>Visual Disturbances</b> .....(0-7) 0-not present; 1-very mild sensitivity; 2-mild sensitivity; 3-moderate sensitivity; 4-moderate hallucinations; 5-severe hallucinations; 6-extremely severe hallucinations; 7-continuous hallucinations		0	1	0	2	0	0	0	0	0			
<b>Headache</b> .....(0-7) 0-not present; 1-very mild; 2-mild; 3-moderate; 4-moderately severe; 5-severe; 6-very severe; 7-extremely severe		0	1	1	3	1	1	2	1	1			
<b>TOTAL CIWA-Ar Score/Initials:</b>		20 LS	17 LS	10 LS	32 LS	8 LS	8 LS	9 LS	3 LS	3 LS			
<b>Scale for Scoring:</b> Total Score 0-9.....= absent or minimal withdrawal 10-19.....= mild to moderate withdrawal More than 19 .....= severe withdrawal	Indications for PRN Medication: a. Total CIWA-Ar score 10 or higher (symptom triggered method)												