Southern Health

ANAPHYLAXIS STANDARD ORDERS

Addressograph Label Client Label DOB mm/dd/yyyy PHIN/MHSC# HRN

These orders are to be used as a guideline	to support clinical judge	ement and professional practice st	tandards. Patient allergy and	
contraind	ications must be conside	red when completing these order	ſS.	
Page 1 ■ may be nurse implemented with <u>C</u>	LI.5110.PL.002.FORM.01	Emergency Department Adult Cli	nical Decision Tool and	
CLI.5110.PL.002.FORM.02 Emergency	/ Department Pediatric C	linical Decision Tool.		
Automatically activated (If not in agree	ment with an order cros	s out and initial).		
□ Requires a check (V) for activation and	a prescriber signature.			
Allergies: Unknown No Yes (descr	ibe)			
Height (cm):Weight	: (kg):		-	
ADULT MEDICATION ORDERS		MEDICATION ORDERS	ADULT and PEDIATRIC	
	e 0 – 5 minutes		GENERAL ORDERS	
 EPINEPHrine 1 mg/mL 0.5 mg (0.5 mL) antero-lateral thigh IM every 5 to 	Weight based-dosing:	Remove offending agent		
15 minutes PRN		EPINEPHrine1 mg/mLmg		
15 minutes PRN	IM every 5 to 15 minutes Weight (kg)	EPINEPHrine 1 mg/mL	Monitor and manage Airway,	
	Less than 20	0.15 mg (0.15 mL)	Breathing, Circulation	
	20 to 30	0.3 mg (0.3 mL)	Oxygen Therapy: Keep	
	Greater than 30	0.5 mg (0.5 mL)	saturation levels at 94% or	
Give first 2 to 3 doses of EPINEPHrin	e by IM route (not as an IV	//IO bolus) For IV/IO	greater	
	w the IV monograph (see p		 Continuous pulse oximetry Continuous cardiac 	
If patient is on &blocker not responding to EPINEP	monitoring			
For normotensive patient:	For normotensiv e patie	 Vital signs q 5 min X 4; 		
Normal Saline (NS)mL/hr	□ NS		if stable, then q 15 min X 1	
Ringers Lactate (RL) mL/hr For		mL/hr <i>For</i>	hour	
Hypotension or poor perfusion/ decreased	Hypotension or poor p	If <u>hypotensive</u> , position patient:		
Level of Consciousness (LOC):	Consciousness (LOC):	Supine with legs elevated		
NS 1 Liter bolus		= <u> </u>	Left lateral if pregnant	
RL 1 Liter bolus		=mL	If respiratory	
***Prescriber assessment required for further fluid	***Prescriber assessment re	distress/vomiting, semi-		
administration Then	Then		recumbent	
\Box NS or \Box RLmL/hr	□NS or □ RLmL/hr	•	<u>Diet:</u>	
<u>For ADULTS and PEDIATRICS: After 2 IM</u>	doses of eninenhrine STO	D REASSESS review and	■ NPO	
reconsider your diagnosis before a			Monitoring:	
Time:	Monitor closely for 1 to 8			
If Bronchospasm	lf Bronchospasm	hours after resolution of		
□ Salbutamol 5 mg nebules continuously	Salbutamol 5 mg nebu	symptoms		
Salbutamol MDI 6 puffs every 15 min PRN	□ Salbutamol MDI 6 puf	Consult:		
via spacer.		1. Children's Emergency		
If Stridor: EPINEPHrine by inhalation			Department	
If Stridor: EPINEPHrine by inhalation	Weight less than 10 kg	For transport of children		
EPINEPHrine Give 5 mg of the	Give 3 mg by inhalation	between 0 to 17 years of		
1 mg/ml solution by inhalation		or equal to 10 kg: EPINEPHrine Give	age, call VECTRS at 204-949-	
	5 mg of the 1 mg/ml	solution by inhalation	4000.	
NURSE/PRESCRIBER SIGNATURE:	F	RINTED NAME:		
DateTime				
Order Transcribed		FAX TO PHARMACY		
Date:Time:I	nitial	Date:Time:	Initial	



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Page 2 requires prescriber signature for act	ivation				
ADULT MEDICATION ORDERS		C MEDICATION ORDERS	S	ADULT and PEDIATRIC	
Time 10-20 minutes				GENERAL ORDERS	
For patients on beta-blocked □ Glucagonmg (1 to 5 mg) IV over 5 minutes May be followed by: □ Glucagonmg/hour IV infusion (0.3-0.9 mg/hour) Titrate to effect Anaphylaxis (hypotension and decreation of after 2 nd or 3 rd IM 10 □ EPINEPHrine: initiate IV/IO infusion at 0.1 mcg/kg/minute and increase every 2 to 3 minutes by 0.05mcg/kg/min until	rs and not responding to EPINEPHrine Glucagonmg/kg (0.02 to 0.03 mg/kg); maximum 1 mg IV over 5 minutes May be followed by: Glucagonmg/hour IV infusion (0.3-0.9 mg/hour) Titrate to effect (not weight based) rased level of consciousness/LOC) not responding EPINEPHrine: Strongly consider EPINEPHrine: 0.1 mcg/kg/minute IV/IO. Titrate every 2 to 5 minutes to desired effect (based on minimum systolic blood pressure).			Disposition Decisions: □ Mild reaction with prompt response to EPINEPHrine, consider discharge if stable within 1 hour and has EPINEPHrine auto injector and a responsible adult for a minimum of 24 hours (preferably 72 hours) □ Mild to moderate reaction who requires more than one dose of EPINEPHrine monitor	
MAP greater than 70 mmHg	Until Systolic greater th			for 4 to 8 hours Severe reactions: admit to	
Systolic BP (sBP) = 70 + (2 x age in years) 				unit or ICU or transfer	
Refractory Hypotension				Prior/On Discharge:	
 Stop EPINEPHrine and start: Norepinephrine 0.05 – 2 mcg/kg/min IV/IO; Titrate every 5 to 10 minutes to a MAP of 70 mmHg or greater For set	 Stop EPINEPHrine and start: Norepinephrine 0.05 – 2 mcg/kg/min IV/IO; Titrate every 5-10 minutes until systolic greater than sBP = 70 + (2 x age in years) Evere bradycardia 			 Provide a prescription for 2 EPINEPHrine auto injector and instructions regarding use. Inform patient about 	
Atropine 1 mg IV/IO every 3-5	Atropinemg (0.02 mg/kg) IV/IO			rebound reactions, usually	
minutes to max. of 3 mg	every 3 to 5 min (max. single dose 0.5 mg)			within 72 hours but can	
If know	occur later.				
□ Prednisone 50 mg PO x 1 dose □ Methylprednisolone 40-80 mg IV X 1dose	 Prednisolone/Prednisone 1 mg/kg PO (Maximum dose 50 mg) x 1 dose Methylprednisolone 1-2 mg/kg/day IV X 1 dose 			 If a rebound reaction occurs, instruct patient to use their EPINEPHrine 	
Time	auto injector and return				
Anaphylaxis controlled and urticaria ongoing or recurs: □Cetirizine tablet 10 – 20 mg PO once daily	 Anaphylaxis controlled and urticaria ongoing or recurs: Cetirizine suspension (1mg/mL): age dependent Infants 6 to less than 12 months: 2.5 mg daily PO Children 12 -23 months: initial dose of 2.5 mg daily PO; can increase to 2.5mg bid Children 2-5 years: 2.5 to 5 mg daily PO or 2.5 mg BID Children older than 5 years to 12 years: 5 to 10mg daily PO 			 to the ED. Provide Patient Action Plan Anaphylaxis Discuss allergen avoidance measures Refer to an allergist if allergen unknown or moderate to severe reaction Advise to join Medic Alert 	
PRESCRIBER'S SIGNATURE:		PRINTED NAME:			
PRESCRIBER'S SIGNATURE: DateTime					
		FAX TO PHARMACY			