



Client Name:  
PHIN:  
Date of Birth:  
Address:  
Phone(daytime):

## **Ankle Brachial Pressure Index (ABPI) and Toe Brachial Pressure Index (TBPI) Client Appointment Instructions and Information**

### **Appointment Process:**

- Arrive 15 minutes before your appointment time.
- Please present to Registration Desk.
- Bring your Manitoba Health Card.
- If you are 15 minutes late or more, your appointment may need to be rescheduled.
- The test will take approximately one hour.

### **Please note the following:**

- Do not smoke 4 hours prior to your test.
- Wear a short-sleeved top and loose-fitting pant.
- If you wear fitted anti-embolic stockings, compression stockings or pantyhose, they will need to be removed prior to testing.
- Blood pressure cuffs will be applied to upper arms and ankles.
- You will be required to lay flat and still for the duration of the test.
- Test results will not be available immediately after the test.
- Test results will be sent to your Health Care Provider.

**Appointment Date and Time:** \_\_\_\_\_

**Location:** \_\_\_\_\_

\*If you need to reschedule your test, please call (204) \_\_\_\_\_  
24 hours prior to your appointment.

**\* DO NOT REPLY to this Email/Fax/Text**