

**Nutrition and Food Services**  
**Approved Regional Wardstock List - Food, Beverage and Supply**

<b>Food Items:</b>	<b>PCH</b>	<b>Acute</b>	<b>Site/Unit Specific Only</b>
Brown Bread	√	√	Not for Ambulatory Care Unit /Post Anesthetic Care Unit (ACU/PACU), and SDS
White Bread	√	√	Not for Ambulatory Care Unit /Post Anesthetic Care Unit (ACU/PACU), and SDS
Cereal, Cold	√	√ PEDS ONLY	
Cookies, Digestives or Arrowroots	√	√	
Crackers – soda	√	√	
Applesauce	√	√	MEDPASS ONLY
Pudding	√	√	MODIFIED TEXTURES ONLY
Popsicles		√ PEDS ONLY	Regional Centres – ER for PEDS patients only
Jello – NO RED JELLO		√ Surgical ONLY	ACU/PACU/SDS/SURGICAL
Soup - Bouillon		√	
Outpatient Boxed Meal – Sandwich, Applesauce, Juice cup		√ Regional Centres	Outpatient units that have late admissions and when a tray is not ordered on time.
<b>Beverage Items:</b>	<b>PCH</b>	<b>Acute</b>	<b>Site/Unit Specific Only</b>
Coffee	√	√	
Tea, Regular bags	√	√	
Juice, unsweetened fruit (2 options)	√	√	
Milk, 1%	√	√	
<b>Thickened Fluids:</b>	<b>PCH</b>	<b>Acute</b>	<b>Site/Unit Specific Use</b>
Juice, Nectar and Honey Thick	√		Acute – as requested for specific patients when needed
Milk, Nectar and Honey Thick	√		Acute – as requested for specific patients when needed
Water, Nectar and Honey Thick	√		Acute – as requested for specific patients when needed
<b>Condiments:</b>	<b>PCH</b>	<b>Acute</b>	<b>Site/Unit Specific Use</b>
Peanut butter	√	√	
Jam	√	√	
Diet Jam	√	√	
Margarine	√	√	
Milkettes or creamers	√	√	
Sugar	√	√	
Sweetener	√	√	
<b>Dishes/Paper Supplies:</b>	<b>PCH</b>	<b>Acute</b>	<b>May be disposable or re-useable depending on the site</b>
Bowls	√	√	
Forks	√	√	
Plates	√	√	
Knives	√	√	
Spoons	√	√	
Napkins	√	√	
Stir Sticks	√	√	
Straws	√	√	
Coffee Cups – china	√	√	
Stryofoam cups	√	√	
Water glasses	√	√	
Water jugs	√	√	