






SAFE WORK PROCEDURE		ASSISTING FALLEN CLIENT FROM FLOOR: LIFT ASSIST TWO OR MORE ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 21 2017 Revised date: January 2 2018
<p>Potential Hazards:</p> <ol style="list-style-type: none"> 1) If procedure not followed, there is risk for awkward postures and overextension which can lead to musculoskeletal injury. 2) Depending on the workload, repetitive motions may be a risk. 3) Client or caregiver may slip, trip and fall. 4) Client may grab or strike from reactive or defensive behavior. 5) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p>Personal protective equipment / devices required / other safety considerations:</p> <ul style="list-style-type: none"> ➤ Mechanical Floor lift and Manufacturer specific sling: ensure in working order, battery charged and aware of operation of buttons/manual controls. ➤ Extension loops if needed for lift to extend sling length ➤ Slider to move Client to open space, if applicable. ➤ Pillow(s) and Material for extension handles ➤ Appropriate Footwear for Client and Caregivers ➤ Clothing that allows Caregivers movement ➤ Routine Practices; Additional Precautions as assigned <p>Training / Reference Information:</p> <ul style="list-style-type: none"> ➤ Initial Orientation and regular review ➤ Training on use of lifts, sliders for repositioning <p>Resources:</p> <ul style="list-style-type: none"> ➤ Follow Manufacturer’s Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.851 Assisting Fallen Client From Floor Lift Assist Two Or More Assist 	
<p>Client Criteria and Supportive Information:</p> <ul style="list-style-type: none"> ➤ Caregivers must never provide any form of physical assistance to assist a Client to stand after a fall. Either the Client is able to stand with cueing and chair set up or a mechanical lift is used. Slide Client out just enough to use a lift by pulling on top slider. ➤ If Client is injured and can be moved, in facility assist from floor with mechanical floor lift. If in home care, call contact or EMS, do not move Client until assist arrives. Remain with Client and provide comfort measures. 			
<p>Steps to perform this task safely:</p> <p>Set Up See SCHIPP.M2.002 Guideline Preparation For Client Handling Tasks</p>			
		<p>Lifting Client from Floor:</p> <ul style="list-style-type: none"> ➤ Position equipment, Client and lift so that there is enough room to move. ➤ If a Client falls in a space where a lift cannot be used, (such as between a toilet and wall), Client will need to be slid to an open area. If possible, Caregiver(s) should roll or fold and unfold a tube slider or two slider sheets under Client, trying to maintain a neutral spine as much as possible’ ➤ Apply two extension handles (sheets/pajama pants) into handles of top layer of slider. Caregivers stand holding the handles and then move Client by weight shifting back and keeping elbows at sides. ➤ In open area, two Caregivers kneel on either side of Client. Third Caregiver may get lift if available. 	

	<p>Apply Sling on Floor:</p> <ul style="list-style-type: none"> ➤ To reduce unnecessary rolling, insert sling between slider layers. Remove top layer of slider, straighten out sling and apply leg straps crossed ➤ If rolling is required, First Caregiver weight shifts forward, elbows at sides, and rolls Client at hip and shoulder onto side. Second Caregiver holds Client while first Caregiver places sling halfway under Client at tailbone up to shoulders. Repeat by rolling Client in opposite direction. Sling is straightened and centered. Leg straps crossed and positioned as appropriate for sling type.
	<p>Position Lift and Attach Sling:</p> <ul style="list-style-type: none"> ➤ Open floor lift base as wide as possible. Approach with lift from Client's legs and push lift base on either side of Client's body as far towards their buttocks as possible. ➤ A third Caregiver may be responsible for operating lift, the other two Caregivers for supporting Client's legs onto base of lift. ➤ Position carry bar over the Client's trunk. Add extension straps if unable to attach longest loop on sling to lift without lifting Client's head and trunk. This will reduce the distance between sling and carry bar so it is easier to attach straps. If lift has loops or clips, attach in carry bar holders, same loops on both sides. ➤ Keep straps wrinkle free. Ask Client to cross their arms. Ensure any equipment attached to Client is moved to receiving surface with the lift during the transfer.
	<p>Lift Client:</p> <ul style="list-style-type: none"> ➤ Raise lift. Once there is tension on loop straps, re-check to ensure they are secure in base of holder. ➤ Support Client's head as needed and ensure leg straps do not pull up on Client. Raise Client to clear buttocks. Feet may rest on base of lift during move. <p>Move Lift to Bed/Stretcher:</p> <ul style="list-style-type: none"> ➤ Two Caregivers push and guide floor lift together to move Client from the floor to receiving surface. Stand with a wide stance, elbows at sides, holding sides of lift and sling stepping with feet. A third Caregiver may stay at Client to support. ➤ Transport Client in a low position to minimize risk of potential incidents with lift.
	<p>Lower Client with Lift:</p> <ul style="list-style-type: none"> ➤ Position over receiving surface, turn Client in line with bed/stretcher. ➤ Lower Client, keep carry bar away from Client's head to remove straps. <p>Comfort and Positioning:</p> <ul style="list-style-type: none"> ➤ Remove loops from carry bar. Raise bed to waist height of shorter Caregiver. ➤ Remove sling in reverse order. ➤ Ensure Client is comfortable and positioned properly. ➤ Lower bed when Caregivers leave the room to proper height (lowest position or height Client can stand up from).
<p>Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p>Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p>Note: this task will be monitored periodically to ensure compliance and safety.</p>	