





SAFE WORK PROCEDURE		ASSISTING FALLEN CLIENT FROM FLOOR: SUPERVISED ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
<ol style="list-style-type: none"> <li>1) If procedure not followed, there is risk for awkward postures and overexertion which can lead to musculoskeletal injury.</li> <li>2) Depending on the workload, repetitive motions may be a risk.</li> <li>3) Client or caregiver may slip, trip and fall.</li> <li>4) Client may grab or strike from reactive or defensive behavior.</li> <li>5) Microorganism Transmission</li> </ol> <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p><b>Personal protective equipment / devices required / other safety considerations:</b></p> <ul style="list-style-type: none"> <li>➤ Wheelchair or Armchair</li> <li>➤ Pillow(s)</li> <li>➤ Appropriate Footwear for Client and Caregiver</li> <li>➤ Routine Practices; Additional Precautions as assigned</li> </ul> <p><b>Training / Reference Information:</b></p> <ul style="list-style-type: none"> <li>➤ Initial Orientation and regular review</li> </ul> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>➤ Follow Manufacturer’s Instructions for equipment</li> <li>➤ <a href="#">SCHIPP.M1.001 Module 1</a></li> <li>➤ Video <a href="#">SCHIPP.RES.812 Safe Ambulation</a></li> <li>➤ Video <a href="#">SCHIPP.RES.813 Assisting An Independent Falling Client</a></li> </ul>	
<p><b>Client Criteria and Supportive Information:</b></p> <ul style="list-style-type: none"> <li>➤ If Client cannot get back into a sitting position on a chair with minimal cueing then a different procedure should be used</li> <li>➤ Caregivers must never provide physical assistance/force to assist a Client to stand after a fall. Either the Client is able to stand with cueing and chair set up or a mechanical lift is used.</li> </ul>			
<p><b>Client Found on Floor:</b></p> <ul style="list-style-type: none"> <li>➤ Nurse completes a neurological and musculoskeletal assessment prior to moving the Client, has determined there are no injuries, and Client can get up from floor with cueing and chair set up.</li> </ul>			
<p><b>Steps to perform this task safely:</b></p> <p><b>Set Up</b> to ensure there is space and caregiver(s) assist.</p> <p><b>If Client is Uninjured:</b></p> <ul style="list-style-type: none"> <li>➤ Check Client’s transfer logo; if it indicates Independent or Supervised transfer and the Client is able to stand without assistance, then provide set up assistance and verbal and touch cueing to guide Client while they move from floor to standing. If logo indicates any other transfer method a mechanical lift must be used.</li> <li>➤ Get an armchair or wheelchair, use body weight and/or brakes to stabilize chair/wheelchair.</li> <li>➤ Cue Client to roll to side, onto knees and hands and then use a chair to assist to stand and sit. A second chair can be brought behind Client by a second Caregiver, if Client cannot turn to sit down on first chair.</li> </ul>			
			
			

**If Client is Injured and can be moved:**

- In **facility**, assist from floor with mechanical floor lift or if overhead lift is close, slide Client with sliders under the track.
- If in **home care**, call contact list or EMS, do not move Client until assist arrives. Remain with Client and provide comfort measures but do not assist with movement once help arrives.

**If Client is Injured and cannot be moved:**

- Contact EMS for assistance with lift onto a long board to a stretcher.

**Comfort and Positioning:**

- Ensure Client is comfortable and positioned properly.

**Managers/Supervisors:** ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.

**Staff performing task:** perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.

**Note:** this task will be monitored periodically to ensure compliance and safety