

## Bethesda Regional Health Centre/Hôpital Ste-Anne Hospital Adult General Surgery Post-Operative STANDARD ORDERS

MEDICATION ORDERS	GENERAL ORDERS
These orders are to be used as a guideline and do not replace sound clinical judgement and professional standards.	
<ul> <li>Automatically activated (if not in agreement cross out and initial)</li> </ul>	☐ Activated by checking the box
Allergies □ Unknown □ No □ Yes (If yes, list and describe)	Wt.:kg □ Estimate □ Actual
Antibiotics Postoperative doses for prophylaxis antibiotics are not routinely indicated, if necessary use only for 24 hours  □ ceFAZolin gram(s) IV every 8 hours x dose(s)  □ metroNIDAZOLE 500 mg IV every 8 hours x dose(s)  Alternative Regimens if allergy to cefazolin, or severe nonlgE-mediated reaction to any β-lactam:  □ Clindamycin 600 mg IV every 8 hours x dose(s)  □ Other  Analgesics  □ Acetaminophen 500 to 1000 mg PO QID PRN  □ Acetaminophen with codeine 300/30 mg PO Q4-6H PRN  Note-maximum 4000mg Acetaminophen/24 hours  □ Ibuprofen 400 mg PO TID PRN  □ Naproxen 500 mg PO TID PRN  □ Diclofenac 50 to 100 mg PR suppository once daily PRN  Ketorolac mg (usual 15 to 30 mg) IV Q6H PRN  (max 120mg/24 hours x 2 days)  □ Morphine mg (usual 1 to 5 mg) IV Q H  (usual Q2-4H) PRN  □ Morphine mg (usual 2.5 to 5 mg) PO Q H  (usual Q4-6H) PRN  □ fentaNYL 50 mcg IV, then may repeat 50 mcg IV in 5  minutes x 1, then may repeat 50 mcg IV Q30 minutes  (Max 200mcg) PRN  □ HYDROmorphone mg (usual 0.2 to 0.5 mg) IV Q H  (usual Q3-4H) PRN  □ HYDROmorphone mg (usual 0.5 to 2 mg) PO Q H  (usual Q4-6H) PRN	Vital Signs (Blood Pressure, Pulse, Respirations, Temp, SpO₂)  ■ If no sedation/anesthetic-Upon arrival x 1  ■ Conscious sedation-Upon arrival and every 5 minutes and prn until meet pre-procedure baseline vital signs  ■ General/spinal anesthesia-Upon arrival, every 5 minutes x2, every 15 minutes for half of OR time or minimum of 1 hour, then  ■ Day 0-Every 1-hour x 4 upon admission to post-surgical unit, every 4 hours for 24 hours, then  ■ Reassess if frequency can be reduced to QID PRN  Oxygen  ■ Discontinue 0₂ if able to maintain oxygen saturations greater than 92%  ■ Accurate intake & output  Nutrition  ■ If anesthesia, no alcohol for 24 hours □ Diet-Increase as tolerated. □ Other: □ Investigations (bloodwork, diagnostics)  ■ Activity ■ If post anesthesia, no driving for 24 hours □ Activity as tolerated, ambulate 4 times daily starting postoperative day 0 □ Limit activity for 24 hours □ Other: □ Other:
Prescriber Signature:	Date: Time:
Order Transcribed: Date:Time: Initials:	Fax/scan to Pharmacy: Date: Time: Initials:



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MEDICATION ORDERS	GENERAL ORDERS
Narcotic Antagonist  Naloxone 0.1mg IV/IM/subcutaneous q2 minutes until responsive and/or respiratory rate greater than 10 breaths/minute (max 4 doses = max 0.4mg)  Antiemetics  dimenhyDRINATE 25 to 50 mg PO/IV/IM/PR Q4H PRN  Ondansetron 4 to 8 mg IV BID PRN  Antianxiety  LORazepam 1 to 2 mg sublingual/PO Q12H PRN  Intravenous Solutions  Ringer's Lactate IV atmL/hour  Dextrose 5%/ 0.45% Normal Saline IV atmL/hour  Potassium Chloride (KCL) 20 mmol in 0.9% Normal Saline IV atmL/hour  Potassium Chloride (KCL) 40 mmol in 0.9% Normal Saline IV atmL/hour  Potassium Chloride (KCL) 20 mmol in 0.45% Normal Saline IV atmL/hour  Potassium Chloride (KCL) 20 mmol in 5% Dextrose/0.45% Normal Saline IV atmL/hour  Potassium Chloride (KCL) 40 mmol in 5% Dextrose/0.45% Normal Saline IV atmL/hour  Potassium Chloride (KCL) 40 mmol in 5% Dextrose/0.45% Normal Saline IV atmL/hour  Discontinue IV when drinking well	Discharge  □ Discharge home when voiding QS, tolerating oral fluids, pain tolerable on PO meds, prescription obtained if needed.  □ Discharge home after 0800hrs next day  □ Call surgeon for discharge order  ■ Provide written discharge instructions  ■ Provide written teaching instructions  Follow up in
Prescriber Signature:	Date: Time:
Order Transcribed: Date:Time: Initials:	Fax/scan to Pharmacy: Date: Time: Initials: