

Bathing Flowsheet For Residents in Personal Care Homes

Outcome: No Resident whether deemed competent or incompetent will receive care against their will.

- Assess and document the resident's reason for refusing to bathe
 - Attempt to alleviate any anxiety and adapt care

- Ensure pain, acute medical causes, and basic needs are met
 - If this is a new behaviour assess for delirium

- Involve the family/substitute decision maker - make them aware you are unable to provide care. Speak to them about any information they may have that may help aid the bathing process

- Ensure that providing for resident comfort and privacy during bathing
 - Use towels and warm blankets to cover resident during bathing
 - Ensure room is warm
 - Trial running the bath prior to resident entering the tub room
 - consider distraction techniques- ie. playing music

- Try alternative bathing techniques- *See Alternative Bathing Technique Poster*

- Document each attempt at bathing and the outcome

- Ensure successful interventions are documented on the care plan and updated continuously as changes occur.

- If resident consistently refuses care the staff are to continue to offer and re-approach frequently. Look at ways to adapt the environment due to resident refusal ie. separate table in the dining room.

- Consult Seniors Mental Health for Older Adults for additional advice/input

- Consult Physician as needed- reminder sedative/antipsychotic medications have been found to have limited success in assisting residents to bathe and increase the risk of resident falls and sudden death.

- Alert the CSM/Social Worker who will inform family/substitute decision maker that we are unable to provide consistent care due to resident's refusal and responsive behaviours.