

#### SCHIPP.M5.008

SAFE WORK PROCEDURE		BATHING AND TRANSPORT WITH LIFT HYGIENE CHAIR	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President - Human Resources	Date Created: June 29 2016	Review Date: December 21 2017 Revised Date: January 2 2018

#### **Potential Hazards Present:**

- If procedure not followed, there is a risk for awkward postures and over exertion, which can lead to a musculoskeletal injury.
- 2) Depending on the workload, repetitive motions may be a factor.
- 3) Client or Caregiver may slip, trip and fall.
- Client may grab or strike from reactive or defensive behavior
- 5) Microorganism Transmission

Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report to supervisor.

## Personal protective equipment / devices required / other safety considerations:

- ➤ Gloves
- ➤ Lift Hygiene chair and Tub. Ensure Client is within weight rating for chair.
- Equipment required for transfer or lift of Client based on Care Plan.
- > Appropriate Footwear for Caregiver(s).
- ➤ Routine Practices; Additional Precautions as assigned

#### Training

- Initial Orientation and regular review
- Training on appropriate transfer method for Client
- Resources:
- > Follow Manufacturer's Instructions for equipment
- SCHIPP.M1.001 Module 1
- ➤ Video SCHIPP.RES.853 Facility Tub Chair Lift
  Transport and Use Two Assist

#### **Client Criteria and Supportive Information:**

- > Client should understand and respond to instructions to stay seated in an upright position
- Client should be able to have enough trunk strength to maintain an upright position on tub seat with belt. If not, a stretcher tub or mesh bath chair insert with lift sling should be considered.
- > If Client is agitated or displays unpredictable behavior, hygiene chair should not be used.
- > Client should be assessed for ability and potential concern in using this lift and method documented in care plan.
- > To avoid the Client from falling, always make sure the device is in the lowest possible position before attempting to transfer, dress or undress the Client.
- > One Caregiver is required for bathing, however two are required for transport and with transfer if required.
- > Prior to each use, ensure the lift hygiene chair is in proper working order, the battery is charged and clean.

#### Steps to perform this task safely:

# Prepare Equipment: ➤ Ensure backrest is back rest on left had been seen as the content of the

- Ensure backrest is in correct position for tub entry, (if entry on the left side, place back rest on left hand rest.)
- > Ensure lap belt is intact, not frayed and safety belt clip is in place.



#### Client's Position on Tub Chair Seat:

- Client's buttocks is at back of seat, with back against the back rest and hands on hand rests. Apply belt.
- > Have hygiene chair at lower height to move safely. Ensure hand rail and back rest rail are in the down position for entire transfer.
- > Never leave Client unattended while in hygiene chair.





#### SCHIPP.M5.008



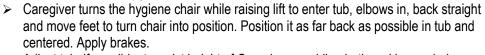
#### Caregiver(s) Complete Transfer and Two Caregivers Provide Transport:

- Whenever possible transfer Client in the tub room to maximize dignity and minimize transportation difficulties.
- ➤ For transportation, two Caregivers move hygiene chair from place of transfer to descent into tub. One Caregiver can complete the bath. Second Caregiver should be called when the bath is complete and transfer out of tub and back to room is required.
- Apply brakes on hygiene chair prior to positioning Client into or exiting chair.
- ➤ Have hand rest arm folded back and the back rest arm down prior to transfer.
- ➤ One Caregiver pushes the machine and Client from the hand and backrest arm handles and the second Caregiver pushes from the side facing Client.



#### Lift Chair into Tub:

- > Bring Client to tub on side appropriate for bathing. Lower tub to lowest position.
- > Raise hygiene chair so Client will clear edge of tub rim.
- ➤ Position chair beside tub with Client facing front of tub. If Client requires assist with legs and feet into tub, a second Caregiver should assist. Keep back straight, elbows close to your body, supporting weight on your forearms and ensure weight of legs is less than 35 lb. each. If Client can lift own legs to clear tub edge, only one Caregiver is required to push hygiene chair over tub.



Adjust tub, if possible, to waist height of Caregiver providing bath and lower chair so Client is positioned into tub. If tub does not adjust, lower chair into tub, leaving some space between seat and tub to decrease buoyancy. Caregiver will need to lunge and/or squat to prevent forward bending.



#### Bath Client as per Care Plan:

- > Wash and dry Client's feet with tub or chair raised to prevent forward bending.
- > Dry Client as much as possible over the tub to avoid water dripping on floor and keep warm with towels.
- > When bath is complete, before lifting out of tub, if a second Caregiver is required, they should be called to assist with legs out of tub and transport to room.
- > Raise hygiene chair until Client clears tub rim, if possible lower tub.
- > Reverse tub entry process to remove Client from tub.
- > Complete drying process with hygiene chair in a low position and reduce amount of movement of Client to decrease risk of chair tipping.
- > Transfer Client back as per start of procedure.



#### Mesh Bath Chair Insert with Suctions and Lift Option:

- This may be the choice of equipment used for a Client's bath, if Client cannot tolerate or has insufficient sitting balance on hygiene chair.
- > Suction to the base of the tub and Client lifted using overhead track onto it

### Tub Cleaning:

- > Once Client is dressed, disinfect tub as per facility procedure.
- > If tub adjustable, position high enough to avoid forward bending.

Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.

Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.

Note: this task will be monitored periodically to ensure compliance and safety.

