

BED RAILS AND ALTERNATIVE EQUIPMENT

Bed rails come in a variety of shapes, sizes and materials to serve different functions. They may be fixed, folding or rotating and can be mounted to one or both sides of the bed. They may be part of a medical grade bed or retrofitted to standard beds. Bed rails come in various lengths: ¼ length, ½ length, ¾ length, full length, split rails. A number of products exist that provide padding to fixed bed rails – protectors, gap fillers, padding. A full evaluation should occur prior to use of these products to minimize any harm or unintended consequences such as suffocation.

The following information provides examples of assistive devices that may be appropriate as an alternative to bed rail use. This list is not exhaustive and is subject to change. Contact your local equipment providers for current product options. Ensure the recommended product meets the weight and size capacity requirements of your client. Equipment recommendation and use should be based upon a thorough assessment of the client, their risk factors and their needs.

ALTERNATIVE ASSISTIVE DEVICES

<p>M-Rail</p> 	<p>SOFT BED RAILS</p> <p>soft bed rail guards feature two "triangles" attached with a cloth material. Each guard is filled with polystyrene beads. The cloth that holds the rolls together helps to keep the guards in place. The soft bed rail guards also have quick release buckles that easily attaches to the bed's frame</p> 
<p>Arcorail</p> 	<p>Defined Perimeter Mattresses</p> <p>Geo-Mattress® with Wings</p>  
<p>Trapeze Bar and Base - Trapeze Bar & Base Performance Health \$250.00</p>  <p>*bariatric versions available</p>	<p>Available through MDA for ETUDE Homecare beds</p> 

Transfer Pole— install a minimum of 12.5” from any other fixed surface to reduce the risk of entrapment, should client fall out of bed.



Roll Guards

Sit atop the mattress and fit underneath the sheet. Risk of asphyxiation should be carefully assessed.



Mattress Keeper Kit (to keep mattress in place on bedframe):



There can be patient-specific situations where the use of rails is deemed unnecessary by the attending health care professionals. In such cases, Mattress Keepers can be the right choice to keep the mattress centered on the bed and prevent unwanted movement.

Skil-Care Soft-Fall Bedside Mat

**Starting at:
\$206.49 – 290.00 CAD**

The Ski-Care Soft-Fall Beside Mat is a high-density foam mat that offers needed protection from fall related injuries. The wipe-clean sturdy mat is foldable with a special strap for footboard or hook/closet storage. Its foldable design makes for easy storage and handling.

Comes in 2” or 4” thickness and 24” or 36” widths

[Skil-Care Soft-Fall Bedside Mat | Performance Health](#)



DHSU 1/2” mat options:

[Drive Primus 2.0 Fall Mat | Performance Health](#)

[Secure® Beveled Edge Fall Safety Mat | Secure Safety Solutions](#)

DHSU 2” or 4” mat options (require therapist justification):

[Skil-Care Soft-Fall Bedside Mat | Performance Health](#)

DHSU equipment options:

- 1/2” thickness fall mats with bevelled edges to accommodate wheelchair access and decrease tripping hazard
- Will consider increased thickness mats if justification provided

DHSU will not purchase:

- Specialized beds
- Bed rails or bed rail covers
- Floor mats other than those specified unless full justification of need provided