



Client's Name: _____

PHIN: _____

HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC
Blood Glucose Monitoring

Important Points to Remember for this Client

Examples:

- Caregiver or client must be able to interpret readings obtained through HCA assistance.
- Blood Glucose Monitoring is often scheduled around client's eating patterns.
- Ask the client when they last had food or drink and record time of their last oral intake.
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Date: _____

Signature: _____

PROBLEMS TO WATCH FOR AND REPORT

- There are adequate supplies in the home to perform the task.
- The equipment is in working order.

Procedure – Blood Glucose Monitoring

1. Wash hands.
2. Gather all needed supplies: glucose monitoring machine, test strip, safety engineered lancet, tissue, sharps container, record book, and pen.
3. Wash hands and apply disposable gloves.
4. Have client wash their hands and rinse well.
5. Instruct client to prepare lancet for use.
6. Have client shake their hands several times with fingers pointed at the ground as gravity works best to get blood to the surface of fingertips.
7. Turn on glucose monitoring machine and insert test strip.
8. Instruct client to poke finger by pressing lancet against fleshy pad of their finger, pressing the trigger button, then remove lancet. Dispose lancet directly into sharps container.
9. Have client keep fingers down and let gravity form a blood drop. Try not to squeeze near site but if drop is not forming, milk the finger from the top towards the poke site. Avoid squeezing right near the site.
10. Let blood drop form and apply it to test strip as taught (procedure will depend on the type of machine used). The machine will often beep to let you know that it has received enough blood to process.
11. Blot puncture site with tissue.
12. The test result will appear on the machine's display (usually beeps).
13. Assist client to record result in the record book.
14. Dispose of test strip into sharps container.
15. Remove disposable gloves and discard.
16. Wash hands.
17. Document correctly on the Home Care Treatment/Care Plan Activity Record – Home Care Attendant.