

	Team Name: Regional Breastfeeding Community Committee Team Lead: Regional Manager Public Health-Healthy Living Approved by: Executive Director - North	Reference Number: CLI.6210.SG.004 Program Area: Public Health-Healthy Living Policy Section: General
	Issue Date: April 3, 2017 Review Date: Revision Date: January 17, 2018	Subject: Breastfeeding Resources

STANDARD GUIDELINE SUBJECT:

Breastfeeding Resources

PURPOSE:

To promote and support the following:

- Efforts in making breastfeeding a priority and the normal nutritional choice for babies.
- Consistent practices and processes across the region for community practice.
- Continuity of care throughout the perinatal period.
- The Public Health Nursing Standards.

IMPORTANT POINTS TO CONSIDER:

- While the goal is to increase breastfeeding initiation and duration, women who make an informed choice to formula feed are supported and cared for with the same standards as a breastfeeding mother.
<http://www.gov.mb.ca/healthyliving/hlp/docs/nutrition/milkfo.pdf>
- Several breastfeeding related resources have been developed and/or reviewed for staff and client use.

PROCEDURE:

- The Breastfeeding Answers Made Simple text and the Toronto Breastfeeding Protocols are the approved resources across the region for staff breastfeeding support and guidance. Public Health Nurse's (PHNs) are required to complete the online modules and submit the Acknowledgment of Completion Form.
- Clinical Practice Tools with client teaching sheets have been developed to aid public health nursing practice and are listed on the Community Breastfeeding Resources List.
- Feeding Plan for Community Nursing Practice is a tool to help guide practice during feeding challenges.
- Through the Regional Breastfeeding Community Committee (RBCC), we strive to follow current best practices and keep this list up to date.
- To maintain evidence-based practice and consistent messaging, refer to the current Community Breastfeeding Resources List.
- It is requested that staff bring new information and resources to the RBCC for review before distributing to clients to maintain consistency throughout the region.

SUPPORTING DOCUMENTS:

CLI.6210.SG.004.SD.01 Community Breastfeeding Resources List
CLI.6210.SG.004.SD.02 Community Breastfeeding Plan
CLI.6210.SG.004.SD.03 Breast Compressions Client Teaching Handout
CLI.6210.SG.004.SD.04 Candidiasis Clinical Practice Tool
CLI.6210.SG.004.SD.05 Thrush Client Teaching Handout
CLI.6210.SG.004.SD.06 Crying and Colic in the Breastfed Baby Clinical Practice Tool
CLI.6210.SG.004.SD.07 Crying and Colic Client Teaching Handout
CLI.6210.SG.004.SD.08 Infant Reflux Client Teaching Handout
CLI.6210.SG.004.SD.09 Overabundant Breast Milk Supply/Forceful Letdown Client Teaching Handout
CLI.6210.SG.004.SD.010 Breastfeeding and Returning to Work Client Teaching Handout
CLI.6210.SG.004.SD.011 Insufficient Milk Supply and/or Weight Gain Clinical Practice Tool
CLI.6210.SG.004.SD.012 Suggestions for Making More Breast Milk

REFERENCES:

[CLI.5810.PL.001](#) Breastfeeding

Provincial Public Health Nursing Standards: *Prenatal, Postpartum and Early Childhood 2015*

http://www.gov.mb.ca/health/publichealth/phnursingstandards/docs/nursing_standards.pdf