

Candidiasis Clinical Practice Tool

	History	Observation
Maternal Assessment	<ul style="list-style-type: none"> • Client has been on antibiotics • Nipple pain during or between breastfeeding • Sharp, shooting pains and/or burning at her nipples/breasts • Cracks on her nipples/areola that do not heal • Itchy or burning nipples/areolas • History of mastitis 	<ul style="list-style-type: none"> • Nipples are red, sore, cracked and shiny • Areolas are red, swollen, flaky, scaly or shiny
Infant Assessment	<ul style="list-style-type: none"> • Baby has been on antibiotics • A change in his/her breastfeeding behavior • Baby is fussy at the breast, or has been pulling on and off at the breast • A change in temperament • Baby is gassy or cranky 	<ul style="list-style-type: none"> • No signs • White patches on tongue, gums, mucosa (mother of pearl sheen) • Red scalded looking diaper area which does not respond to zinc oxide treatment
Family Assessment	<ul style="list-style-type: none"> • Family members with a history of thrush or yeast infections (e.g. jock itch) • Family member with white patches in mouth or red cracks in corner of mouth 	

References:

The Toronto Breastfeeding Protocols for Health Care Providers – Protocol #15

Dr. Jack Newman website www.breastfeeding.ca on November 16, 2015 at www.breastfeedinginc.ca/content.php?pagename=doc-UGV

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