CARTIER/SFX DISTRICT

Summary of RM of Cartier, RM of St. François Xavier, and RM of Headingley

8,549 RESIDENTS

age distribution

- 0-9: 16.6%
- 10-19: 15.1%
- 20-29: 10.8%
- 30-39: 12.5%
- 40-49: 12.5%
- 50-59: 14.0%
- 60-69: 11.1%
- 70-79: 5.6%
- 80+: 1.9%
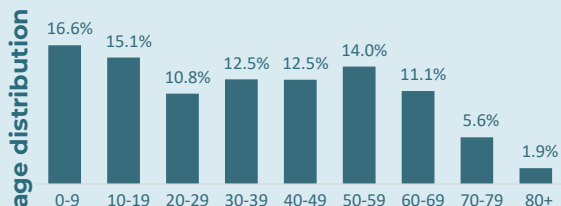
18.8%
growth 2013-2018

$89,770
median household income after tax

SH-SS $60,802
MB $59,093

7.0% households
8.2% children 0-17

live in low income
lower than the region & MB

HOUSING AFFORDABILITY
35% of tenants and 9% of owners spending 30% + on shelter costs

MB 22%

Cartier/SFX **13.8%**

SH-SS 29.4%

EDUCATION
age 15+ with no high school diploma but more (56.1%) have postsecondary education
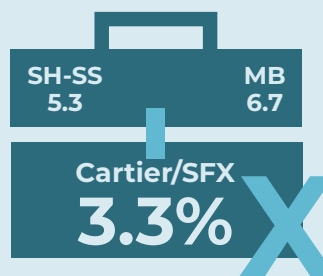
SOCIOECONOMIC FACTOR INDEX
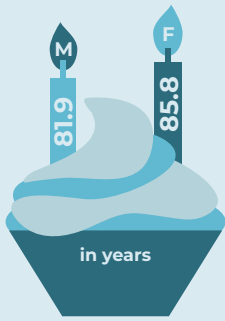reflects socioeconomic conditions and social determinants of health (income, marital status, education, unemployment)

BETTER VS. MB,
BEST IN REGION & IMPROVING

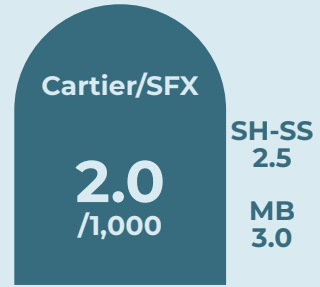## UNEMPLOYMENT

SH-SS 5.3

MB 6.7

Cartier/SFX **3.3%**

unemployed as a % of the labour force, lowest in the region

MORTALITY

M 81.9
F 85.8
in years

LIFE EXPECTANCY
males higher vs. MB

Cartier/SFX
2.0
/1,000

SH-SS
2.5

MB
3.0

PREMATURE DEATHS
lower vs. MB

then **74%** **69%** now
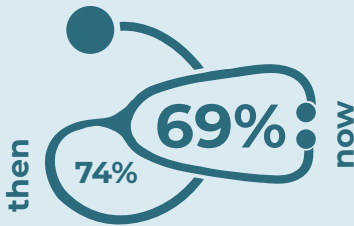
MAJORITY OF CARE

decreasing over time

SH-SS
2.8%

Cartier/SFX
1.9%

MB
3.3%

HOME CARE

prevalence lower vs. MB

Cartier/SFX
5.8%

SH-SS
7.3%

MB
8.6%
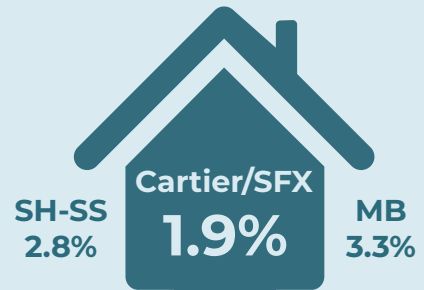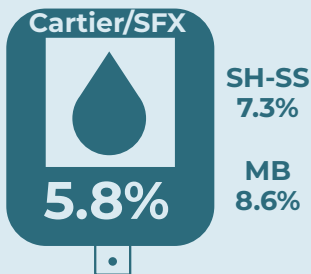
DIABETES

prevalence lower vs. MB
(incidence also lower vs. MB)

then
8.1%

now
9.2%
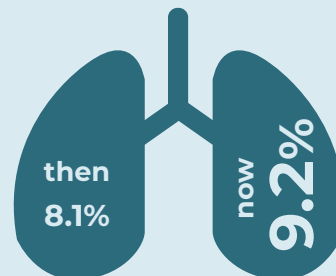
RESPIRATORY
MORBIDITY

increasing over time

MENTAL HEALTH

Cartier/SFX
23.3%
SH-SS
17.7%
MB
23.2%
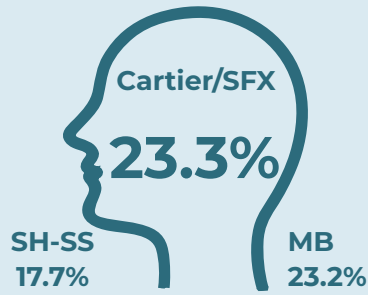
MOOD & ANXIETY DISORDERS
highest in the region

Cartier/SFX
SH-SS
4.4%
4.4%
MB
5.9%
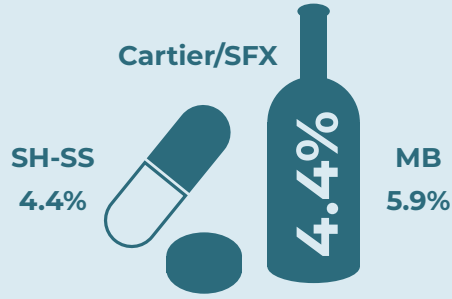
SUBSTANCE USE DISORDER
lower vs. MB

Cartier/SFX
7.0%
SH-SS
10.0%
MB
10.3%
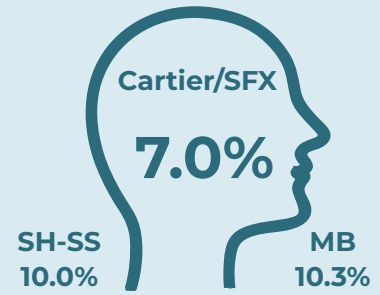
DEMENTIA
lower vs. MB

HEALTHY CHILD DEVELOPMENT

SH-SS
18.3
MB
21.5
Cartier/SFX
8.3
/1,000
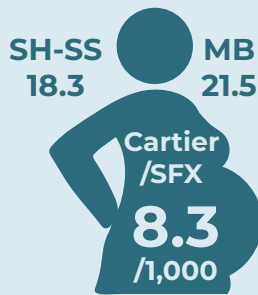
TEEN BIRTHS
lower vs. MB

SH-SS
20.1%
Cartier/SFX
6.3
%
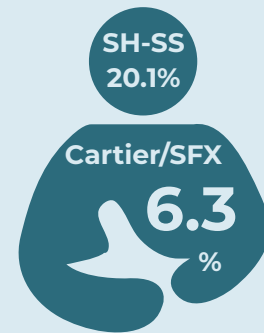
MOTHERS 3+ RISK FACTORS
lowest in region

Cartier/SFX
3.6%
SH-SS
9.4
MB
10.3
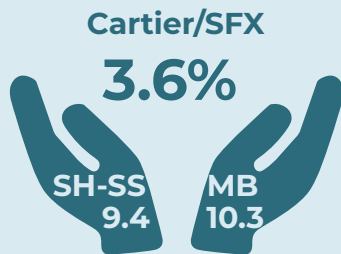
**INADEQUATE PRENATAL
CARE lower vs. MB**

Cartier/SFX
3.7
/1,000
SH-SS
4.9
MB
11.5

**PEDIATRIC DENTAL
EXTRACTIONS lower vs. MB**

DEFINITIONS

ST. FRANÇOIS XAVIER (SFX)

Marquette · St. Eustache · Pigeon · 26 · SFX · Benard · 1 · Elie · Dacotah · Springstein · Headingley

CARTIER

HEADINGLEY
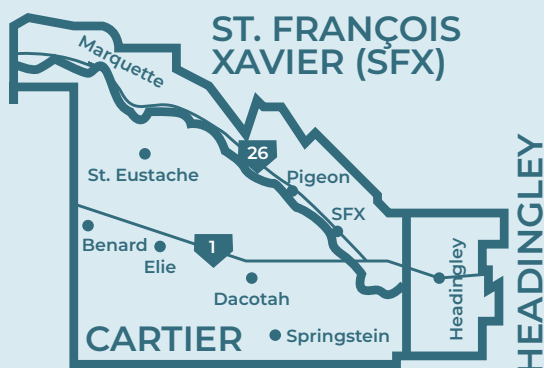
Median household income: Median combined total income after tax of all household members aged 15+ years

Low income: 50% of the median income in Canada adjusted for family size and composition, as a % of households and % of children (17 years and younger)

Housing affordability: Housing is un-affordable when spending 30+ % of total household income on shelter expenses (e.g., electricity, water, municipal services, rent, mortgage, etc.)

Education: % ages 15+ years with no certificate, diploma, or degree

Socioeconomic Factor Index: Reflects socioeconomic status and social determinants of health as a composite score of average household income, % of single parent households, unemployment rate ages 15+ years, and % ages 15+ years with no high school graduation

Unemployment: % ages 15+ years unemployed as a % of the labour force population

Life expectancy: Expected length of life in years based on patterns of mortality

Premature mortality: Number of deaths before the age of 75 years per 1,000 population

Majority of care: % who received at least 50% of their ambulatory visits from the same physician or nurse practitioner - continuity is associated with improved satisfaction and better health outcomes

Home care prevalence: Rate per person year for active clients reveiving 1 or more home care services - it is unclear whether lower/higher than MB is better/worse - it could reflect the health of a population or availability and access of services

Diabetes prevalence: Total % of residents with diagnosed (Type 1 and 2) diabetes (incidence: new diagnoses)

Total respiratory morbidity: % diagnosed with respiratory disease (asthma, chronic or acute bronchitis, emphysema, or chronic airway obstruction)

Mood and anxiety disorders: % adults diagnosed with mood or anxiety disorders

Substance use disorders: % adults diagnosed with substance use disorders (alcohol and/or drug)

Dementia: % 55+ years diagnosed with dementia

Teen births: Rate of live births per 1,000 female residents ages 15 to 19 years

Mothers risk factors: % of screened mothers on Families First assessment with 3+ risk factors leading to poor childhood outcomes: alcohol use, smoking, less than high school education, financial difficulties, and maternal depression and/or anxiety

Inadequate prenatal care: % women with single, live, in-hospital births receiving no or inadequate prenatal care (e.g., regular prenatal visits)

Pediatric dental extractions: Rate of hospital-based dental surgeries involving extractions for children under 6 years, per 1,000