

Nutrition and Food Services Catering Price List

<i>Items</i>	<i>Portion</i>	<i>Price</i>
Nutrition Break		
Muffins (#16 scoop – regular size muffin)	75 g	\$1.60
Cinnamon Buns	75 g	\$2.50
Bagels (with cream cheese)	Each	\$2.50
Individual Yogurt	100 g	\$1.40
Greek Yogurt	100 g	\$2.00
Cheese	30 g	\$1.10
Fresh Fruit (Individual Portions or Fruit Bowl of Assorted Whole Fruits)	150 g	\$1.10/ Person
Snack Bars/Granola Bars (Individual wrapped, where available –price varies per brand)	Approx. 37 g each	\$1.25
All Day Meeting Special		
Morning includes muffins, coffee, tea & juice. Lunch includes soup or salad (please circle choice), sandwich, dessert, coffee, tea & juice. Afternoon includes cookies, coffee & tea	Portions as listed below	\$16.00 /Person
Lunch		
Lunch Selection Of The Day, Including Entrée, Starch, Vegetable, Sauce or Gravy, Dessert and Hot Or Cold Beverage.	112 g Meat/Person 90 g Starch/Person 90 g Veg/Person 1 Dessert/Person Beverage	\$11.85 /Person
Soup & Sandwich: Assorted Sandwiches, Soup Of The Day, Dessert Of The Day, Hot Or Cold Beverage.	1 Sand/Person 8 oz. Soup/Person 1 Dessert/Person Beverage	\$10.00/Person
Salad & Sandwich: Assorted Sandwiches, Salad Of The Day, Dessert Of The Day, Hot Or Cold Beverage.	1 Sand/Person 1 Salad/Person 1 Dessert/Person Beverage	\$10.00/Person
Soup, Salad and Starch: Salad of the Day, Soup of the Day, Starch (biscuit or breadstick or bun), Dessert of the Day, Hot or Cold Beverage	8 oz Soup /Person 1 Salad/Person 1 Starch/Person 1 Dessert/Person Beverage	\$10.00/ Person
Dinner		
Dinner Selections Of The Day, Including Entrée, Starch, Vegetable, Sauce or Gravy, Dessert, And Hot Or Cold Beverage.	112 g Meat/Person 90 g Starch/Person 90 g Veg/Person 1 Dessert/Person Beverage	\$12.50 to \$15.00/person
Beverages		
Coffee/Tea	1 Cup/Person	\$1.50
Coffee – medium carafe (approx. 42oz. OR 1.24L)	6-8 People	\$8.25
Coffee – large carafe (approx. 64oz. OR 1.89L)	8-10 People	\$10.50
Juice, Individual, Assorted (250 ml)	Each	\$1.75
Juice, Individual, Assorted, Bottled (300 ml)	Each	\$2.20
Juice – pitcher (60 – 64 oz.)	8-10 People	\$8.25
Desserts		
Dessert Of The Day - Please Consult With Nutrition & Food Services if a Specific Dessert is Required	Each	\$2.25
Cookies	90 g	\$1.10

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Options for Special Occasions (may or may not be available)		
Dainty Tray	3/Person	\$2.50/Person
Fruit/Cheese Tray	2 oz. Cheese/ 5 oz. Fruit	\$4.75/Person
Fruit Tray	5 oz. Fruit	\$3.60/Person
Fruit/Cheese/Crackers	2 oz. Cheese/ 5 oz. Fruit/ 4-6 Crackers	\$5.25/Person
Vegetable and Dip Tray	4 oz. Veggie Assorted 1 – 2 oz. Dip Per person	\$3.60/Person
Cheese and Crackers Tray	2 oz. Cheese 4 – 5 Crackers Per Person	\$2.75/Person
Cheese / Crackers / Pickles Tray	2 oz. Cheese 4 – 5 Crackers 2 oz. Pickles Per Person	\$3.25/Person
Cheese/Crackers/Garlic Sausage	2 oz. Cheese 4 – 5 Crackers 112 g Meat Per Person	\$4.50/Person
Cakes Baked In House		
Birthday Cake 12" x 16" (feeds 40-50 people)	½ Slab	\$35.00
Birthday Cake 24" x 16" (feeds 80-100 people)	Full Slab	\$65.00
Cheesecake (sheet cake style/mix) 12" x 16" (feeds 40-50 people)	½ Slab	\$45.00
Miscellaneous Requests		
Disposable Dishes / Napkins ONLY (i.e. for staff potlucks, resident family events, etc.)	Courtesy / Service Fee	\$1.00 / person
Cart Service Charge – Water / Water Glasses / Napkins ONLY	Courtesy Fee	\$5.25