








SCHIPP.M4.015

SAFE WORK PROCEDURE		CHAIR REPOSITIONING ONE MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
<p>Potential Hazards:</p> <ol style="list-style-type: none"> 1) If procedure not followed, there is risk for awkward postures and overextension which can lead to musculoskeletal injury. 2) Depending on the workload, repetitive motions may be a risk. 3) Client or caregiver may slip, trip and fall. 4) Client may grab or strike from reactive or defensive behavior. 5) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p>Personal protective equipment / devices required / other safety considerations:</p> <ul style="list-style-type: none"> ➤ Side rail, grab bar and/or mobility aid if indicated ➤ Transfer belt if required. ➤ One Way Chair Slider if recommended by OT/PT. ➤ Appropriate Footwear for Client and Caregivers ➤ Clothing that allows Caregiver movement ➤ Routine Practices; Additional Precautions as assigned <p>Training / Reference Information:</p> <ul style="list-style-type: none"> ➤ Initial Orientation and regular review ➤ Training on Transfer Belt Use <p>Resources:</p> <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.836 One Way Foot Loop Slider ➤ Video SCHIPP.RES.823 Chair Repositioning One Minimum Assist 	
<p>Client Criteria and Supportive Information:</p> <ul style="list-style-type: none"> ➤ Can follow instruction ➤ Has moderate to full arm strength in at least one limb ➤ Has moderate to full trunk strength ➤ Has moderate to full leg strength in at least one limb and full weight bearing and able to step for repositioning in standing ➤ Consult OT/PT for further input regarding chair repositioning method, if a one way chair slider may be appropriate to determine suitability with existing Client's seat cushion. Client requires less physical ability for this device to be used for chair repositioning. 			
<p>Steps to perform this task safely:</p>			
		<p>Set Up See SCHIPP.M2.002 Guideline Preparation For Client Handling Tasks:</p> <ul style="list-style-type: none"> ➤ Client's chair should be braked and in an open area for access from all sides. ➤ Cue or assist Client to put feet under knees on floor or foot rests. ➤ Cue or assist at shoulders, Client to lean forward, "nose over toes" by pulling with hands on armrests. 	



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	<p>Repositioning in Sitting:</p> <ul style="list-style-type: none"> ➤ Apply transfer belt. ➤ Crouch in front of Client, holding transfer belt on closest two loops and alternate guiding loop up and back cueing Client to move one side back at a time. ➤ Alternatively, if not using a transfer belt, in same position, Client can be guided with Caregiver's hands on Client's thighs and cues up and back.
 	<p>Repositioning in Standing:</p> <ul style="list-style-type: none"> ➤ Apply transfer belt. ➤ Move Client to a grab bar, side rail, or railing if Client would benefit from holding onto, to pull self to stand and put brakes on chair ➤ Assist Client to stand, from one side with wide base of support, neutral spine, and weight shift to the front leg while guiding at transfer belt with wrist/hand. ➤ Remove brakes and move chair to back of Client's legs, re-apply brakes and assist Client to sit down, holding transfer belt and weight shifting to back of chair.
	<p>Repositioning with One Way Chair Slide:</p> <ul style="list-style-type: none"> ➤ Apply one way chair slide onto wheelchair seat prior to Client transferring onto seat. Fold in half, with tag facing up and to back of chair, with foot loop between back and seat of chair opening. ➤ Client needs to lean forward off back rest or have a slider between back and backrest. ➤ To reposition take foot loop, put in arch of Caregiver's foot, either push straight down in loop or if loop reaches floor, point toes and rest on floor, and step back shifting weight to heel. ➤ Hook loop onto chair at base or over handle between uses. Will need to transfer Client out of chair when fabric on top is past Client's hip area.
	<p>Comfort and Positioning:</p> <ul style="list-style-type: none"> ➤ Ensure Client is comfortable and positioned properly.
<p>Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p>Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p>Note: this task will be monitored periodically to ensure compliance and safety.</p>	