



SAFE WORK PROCEDURE		CHAIR REPOSITIONING SUPERVISED ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 20 2018 Revised date: January 2 2018
<p><b>Potential Hazards:</b></p> <ol style="list-style-type: none"> <li>1) If procedure not followed, there is risk for awkward postures and overextension which can lead to musculoskeletal injury.</li> <li>2) Depending on the workload, repetitive motions may be a risk.</li> <li>3) Client or caregiver may slip, trip and fall.</li> <li>4) Client may grab or strike from reactive or defensive behavior.</li> <li>5) Microorganism Transmission</li> </ol> <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p><b>Personal protective equipment / devices required / other safety considerations:</b></p> <ul style="list-style-type: none"> <li>➤ Side rail, grab bar and/or mobility aid if indicated</li> <li>➤ Appropriate Footwear for Client</li> <li>➤ Routine Practices; Additional Precautions as assigned</li> </ul> <p><b>Training / Reference Information:</b></p> <ul style="list-style-type: none"> <li>➤ Initial Orientation and regular review</li> </ul> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>➤ Follow Manufacturer's Instructions for equipment</li> <li>➤ <a href="#">SCHIPP.M1.001 Module 1</a></li> </ul>	
<p><b>Client Criteria and Supportive Information:</b></p> <ul style="list-style-type: none"> <li>➤ Can follow instruction</li> <li>➤ Has moderate to full arm strength in at least one limb</li> <li>➤ Has full trunk strength</li> <li>➤ Has moderate to full leg strength and full weight bearing and able to step for repositioning in standing</li> </ul>			
<p><b>Steps to perform this task safely:</b></p>			
 		<p><b>Set Up:</b></p> <ul style="list-style-type: none"> <li>➤ Client's chair should be braked and in an open area for access from all sides.</li> <li>➤ Cue Client to put feet under knees on floor or foot rests.</li> <li>➤ Cue Client to lean forward, "nose over toes" by pulling with hands on armrests</li> </ul> <p><b>Repositioning in Sitting:</b></p> <ul style="list-style-type: none"> <li>➤ Cue Client to push up on armrests and move to back of the seat. This can be repeated until comfortable.</li> </ul>	

	<p><b>Repositioning in Standing:</b></p> <ul style="list-style-type: none"> <li>➤ Cue Client to push up on armrests or pull up from a rail or bar to stand. Once standing can hold onto a walker for stability or rail</li> <li>➤ Client can step back, or Caregiver can move back of chair so touching back of legs and then cue to sit at back of chair.</li> </ul>
	<p><b>Comfort and Positioning:</b></p> <ul style="list-style-type: none"> <li>➤ Ensure Client is comfortable and safely positioned.</li> </ul>
<p><b>Employers must ensure that workers are trained and follow this safe work procedure. This procedure may be monitored to ensure compliance and safety. Failure to follow this safe work procedure will increase use of manual lifting, awkward postures and forceful exertions. This increases the risk obtain, stiffness and injury to the back, neck and arms of Caregivers. REPORT ANY HAZARDOUS SITUATION TO SUPERVISOR</b></p>	