

# DIET CHANGE FORM PERSONAL CARE HOME

Date: \_\_\_\_\_  New Admission  Diet Change

Ward: \_\_\_\_\_ Room # \_\_\_\_\_

**ALLERGIES (RED INK ONLY):** \_\_\_\_\_

**INTOLERANCES:** \_\_\_\_\_

DIETS:	PORTIONS:	EATING AIDES
<input type="checkbox"/> Regular <input type="checkbox"/> Carbohydrate Controlled <input type="checkbox"/> Other: _____	<input type="checkbox"/> Small <input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Other: _____	<input type="checkbox"/> Special Plate/Plate Guard <input type="checkbox"/> Large Handled Cutlery <input type="checkbox"/> Mug <input type="checkbox"/> Other: _____
TEXTURES:	FLUIDS:	SENSORY NOTES/DEXTERITY:
<input type="checkbox"/> Regular <input type="checkbox"/> Soft <input type="checkbox"/> Minced <input type="checkbox"/> Total Minced <input type="checkbox"/> Pureed <b>*Ordered by SLP or RD only</b> <input type="checkbox"/> *Soft with Minced Meat (For chewing difficulties only) <input type="checkbox"/> *Blenderized <input type="checkbox"/> *No Fluids Combined with Solids <input type="checkbox"/> *Extra Sauces/Gravies Texture change supported by TTMD-R? <input type="checkbox"/> Yes <input type="checkbox"/> No If No, why was the texture changed? _____	<input type="checkbox"/> Thin (Level 0) <input type="checkbox"/> Mildly Thick (Level 2) <input type="checkbox"/> Moderately Thick (Level 3) <input type="checkbox"/> Extremely Thick (Level 4) <input type="checkbox"/> Fluid Restrict _____ mL/day	<input type="checkbox"/> Poor Hearing <input type="checkbox"/> Poor Vision <input type="checkbox"/> Other: _____ <input type="checkbox"/> Cut Up *used for poor dexterity only <input type="checkbox"/> Meat Only <input type="checkbox"/> All Foods

**NUTRITIONAL SUPPLEMENTS:**

<input type="checkbox"/> Initiate <input type="checkbox"/> Discontinue <input type="checkbox"/> Change	Supplement Requested: _____ Amount and Frequency: _____ Meal: _____
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<b>LIKES</b> _____ _____ _____	<b>DISLIKES</b> _____ _____ _____
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**DETAILS OR COMMENTS**


The plan was discussed with the resident and/or family (substitute decision maker); and has agreed to the plan outlined.

**Resident Integrated Care Plan – Nutrition section has been updated**  
 Nurse/RD signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Implemented by Dietary**  
 Dietary staff signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Nutrition and Food Services Care Plan updated**  
 Staff signature: \_\_\_\_\_ Date: \_\_\_\_\_