

DIET COMPENDIUM

NUMBER	SUBJECT	ISSUE DATE	REVISION DATE
DC-100	Section One: Allergy and Intolerances		
DC-101	Egg Free	May 25, 2012	December 2019
DC-102	Gluten Free	May 25, 2012	December 2019
DC-103	Wheat Free	May 25, 2012	December 2019
DC-104	Lactose Free	May 25, 2012	December 2019
DC-105	Milk Free	May 25, 2012	December 2019
DC-106	Monosodium Glutamate (MSG) Free	May 25, 2012	December 2019
DC-107	Peanut Free	May 25, 2012	December 2019
DC-108	Sesame Seed Free	May 25, 2012	December 2019
DC-109	Seafood Free	May 25, 2012	December 2019
DC-110	Soy Free	May 25, 2012	December 2019
DC-111	Sulphite Restricted	May 25, 2012	December 2019
DC-112	Tree Nut Free	May 25, 2012	December 2019
DC-113	Yeast and Mould Restricted	May 25, 2012	December 2019
DC-114	Low Lactose	October 9, 2015	December 2019
DC-200	Section Two: Texture Modified Diets		
DC-201	Texture – Regular	November 2023	
DC-202	Texture Modified - Soft	May 25, 2012	February 2024
DC-203	Texture Modified - Minced	May 25, 2012	February 2024
DC-204	Texture Modified - Total Minced	May 25, 2012	February 2024
DC-205	Texture Modified - Puree	May 25, 2012	February 2024
DC-206	Texture Modified – Soft with Minced Meat	November 2023	February 2024
DC-207	Texture Modified – Blenderized	November 2023	

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DC-208	Texture Modified – No Fluids Combined with Solids	November 2023	February 2024
DC-250	Thickened Liquid –Mildly Thick Level 2	May 25, 2012	November 2023
DC-251	Thickened Liquid –Moderately Thick Level 3	May 25, 2012	November 2023
DC-252	Thickened Liquid –Extremely Thick Level 4	May 25, 2012	November 2023
DC-300	Section Three: Therapeutic Diets		
DC-301	Clear Fluids	May 25, 2012	December 2019
DC-302	CHO Controlled	May 25, 2012	December 2019
DC-303	Controlled Carbohydrate Meal Patterns	May 25, 2012	December 2019
DC-304	Controlled Carbohydrate Healthy Snack Choices	May 25, 2012	December 2019
DC-305	Fluid Restricted	May 25, 2012	December 2019
DC-306	Gastroesophageal Reflux Disease (GERD)	May 25, 2012	December 2019
DC-308	Heart Healthy	May 25, 2012	December 2019
DC-309	High Protein	May 25, 2012	December 2019
DC-310	High Protein High Energy	May 25, 2012	December 2019
DC-311	High Potassium or Low Potassium	May 25, 2012	December 2019
DC-312	High Fibre	May 25, 2012	December 2019
DC-313	Low Fibre	May 25, 2012	December 2019
DC-314	Ostomy	May 25, 2012	December 2019
DC-315	Pediatric (Safe Eating)	May 25, 2012	December 2019
DC-316	Regular	May 25, 2012	December 2019
DC-317	Renal and Dialysis	May 25, 2012	December 2019
DC-318	Lacto-Ovo Vegetarian	May 25, 2012	December 2019
DC-319	Vegan	May 25, 2012	December 2019
DC-320	Fat Controlled	October 9, 2015	December 2019