

Safe Work Procedure: Damp Dusting / High Dusting / Wall Washing

Department	Approved by:	Date Created:	Review/Revised Date:
Environmental Services	Regional Director of Support Services	2013/09	2017/06; 2022/06

Potential Hazards:	Personal protective equipment / devices required / other safety considerations
<p><i>Fill in those that apply:</i> Risk for injury: H=High M=Medium L=Low M Awkward postures, reaching M Forceful exertions (using extension for high dusting) M Repetitive movements (arm motion) L Chemicals L Biological pathogens</p>	<p>Personal Protective Equipment as per SDS</p>

Training / Reference information

- SCHIPP Module 1 training
- Department Orientation
- WHMIS / SDS training

Note: Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.

Employers must ensure that workers are trained and follow this safe work procedure Steps to perform this task safely:

1. Ensure that your duster is properly saturated with cleaning solution. When damp dusting, prepare the solution according to the manufacturer or workplace label for the cleaning product.
2. Damp dusting cloths should not be so wet or large that multiple squeezes are required to wring out excess water.
3. Do not fill pail over 2/3 full to reduce the risk for spills.
4. When wiping or dusting do not over reach with your arms for extended periods. Stay close to the surface you are cleaning.
5. Avoid bending forward for extended periods. If cleaning/dusting low items bend your knees or go down on one knee.
6. Use minimal force to reduce fatigue.

7. Avoid twisting your back by taking small steps with your feet to turn or move rather than over reaching across your body which will twist your spine.
8. If dusting or washing areas that are high, such as walls and ceilings, use a telescopic handle and keep elbows in to avoid over reaching. Take frequent micro breaks if the work is strenuous or alternate this task with other staff or tasks.