



HOMECARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC

Eye Lid Care

Important Points to Remember for this Client

Examples:

- Although the formula is non-irritating, it is not meant to be put directly into the eyes. If this happens, rinse out the eye by splashing clean water into the eye until there is no discomfort.
- Use a clean separate eye lid care towelette for each eye.
- Date: _____

Signature: _____

Steps to Review with Home Care Attendant

PROBLEMS TO WATCH FOR AND REPORT

• Increased irritation/redness noted.

Procedure – Assist with Eyelid Care	
1.	Wash hands.
2.	Apply disposable gloves.
3.	Review Five Rights of Medication Assistance:
	Right Person
	Right Drug
	Right Dose
	Right Time
	Right Route
4.	Before opening the pouch, make it lather by rubbing the pouch between thumb and fingers.
5.	Open the pouch and remove the towelette. Again, rub it between thumb and fingers to increase
	the lather.
6.	Fold the towelette in half and hold it in your dominant hand.
7.	Use the other hand to stabilize the client's face/head so that gentle pressure can be applied to
	their eye area without the client moving or turning their head away from you.
8.	Wipe the entire eyelid with the towelette several times. Wipe from inner to outer eyelid
	spreading the lather over entire area.
9.	Rinse the lid that was just cleansed with a clean, wet, warm washcloth. Wipe from inner to outer
	eyelid and be sure to use a different section of the cloth for each wipe, so not to contaminate
	the area just rinsed.
-	If the other eyelid requires eyelid care, repeat the steps 3-9 making sure to use a new towelette.
-	Remove disposable gloves and discard.
	Wash hands.
13.	Document correctly on the Home Care Treatment/Care Plan Activity Record – Home Care
	Attendant