

First 3 Steps to Management of Behavioural Symptoms of Dementia

1

Non-Pharmacological

Look at the situation from the person's perspective - What are they telling you with the behaviour? What are their unmet needs?

2

Non-Pharmacological

Conduct a thorough assessment of possible contributing factors.

Use the P.I.E.C.E.S.[™] framework.

3

Non-Pharmacological

Adjust your approach, and the care plan based on the assessments you have now done.

Be consistent and give it some time.