

FLUID BALANCE RECORD 8-Hour Record

Date:																
AMT (Amount) TF (Tube feed) YNS TPN (Total Parenteral Nutrition) NS (0 KR (L L L L L L L L L L L L L		D.9% Sodium Chloride) 5 (0.45% Sodium Chloride)			D5W (5% Dextrose) D5NS (5% Dextrose and 0.9% D5Odom Chloride) D51/2NS (5% Dextrose and 0.45% D60dium Chloride) D10W (10% Dextrose)			Indicate Intake and Output Intake only Output only Fluid Restriction			Strict Fluid Balance IV only Tube feed only Tube feed Flush					
				INTAKE					TIME FOR ORAL			OUTPUT				
TIME	SOLUTION	RATE	ROUTE	INITIALS	TO BE ABSORBED	AMOUNT ABSORBED	OTHER (SPECIFY)	ORAL	/OUT- PUT	URINE	EMESIS	GASTRIC SUCTION	OTHER (SPECIFY)	OTHER (SPECIFY		
NIGHT SHIFT 8	-HOUR TOTAL	.S														
DAY SHIFT - 8-	HOUR TOTALS	<u> </u>														
EVENING SHIF	T - 8-HOUR TO	OTALS														
24-HOUR TOTA		ALANCE														
ON CLINICAL RECORD) 24-HOUR TOTALS: INTAKE:							UTPUT:				24 HR BALANCE:					
24-HOUR TOTALS: INTAKE:				1 3 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1 3 1					CUMULATIVE BALANCE:							

DIETARY MEASUREMENTS: (ml)						
JUG — ICE	INSULATED CUP					
JUG - WATER	DISPOSABLE PLASTIC GLASS					
GLASS — SMALL	DISPOSABLE STYROFOAM CUP					
GLASS — REGULAR	MILK CONTAINER					
SOUP BOWL	JUICE CONTAINER					
DESSERT BOWL	JELLO / PUDDING CUP					
COFFEE CUP	CREAMER					
OTHER -	OTHER -					

Prior to Use, each site / unit will:

Prefill the Dietary Measurements based on the site/unit specific sizes.

Directions for Use:

- One calendar day per page,
- Apply addressograph to top of page,
- Enter date at top of page,
- Indicate/select what is to be measured,
- Use only abbreviations included in the legend,
- Only populate applicable cells,
- > Times may vary per site, depending on shift schedules,
- > Infusion pump is cleared at time of Information at Care Transitions / Bedside Reporting.

To monitor intake:

- Enter the time and type(s) of IV solution(s) infusing upon changing a bag,
- > Indicate hourly rate of infusion for IV fluid(s), medications, TPN or TF, and/or blood products,
- Use the column "other" for any fluid not identified,
- Capture oral intake as it occurs and enter the amount in the designated column next to the corresponding hourly range.

To monitor output:

- Enter the amount of each type of fluid in the designated column next to the corresponding hourly time range,
- > Two (2) columns are provided for other fluids specify the type of fluid output and the amount.

At the end of each 8-hour shift:

Calculate the totals for each type of fluid intake and output.

At the end of each 24-hour period:

- Calculate the daily totals,
- Calculate the cumulative balance,
- Transfer information onto the *Clinical Record* (CLI.4510.PR.002.FORM.06)