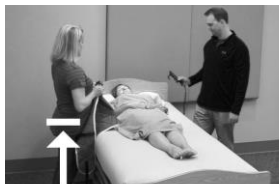








SCHIPP.M4.008

SAFE WORK PROCEDURE		FOLD AND UNFOLD SLIDER FOR REPOSITIONING TWO MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Date Created: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
Potential Hazards: <ol style="list-style-type: none"> 1) If procedure not followed, there is risk for awkward postures and overextension, which can lead to musculoskeletal injury. 2) Depending on the workload, repetitive motions may be a risk. 3) Client or caregivers may slip, trip and fall. 4) Client may grab or strike from reactive or defensive behavior. 5) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		Personal protective equipment / devices required / other safety considerations: <ul style="list-style-type: none"> ➤ Two full length bed slider sheets or full length tube slider ➤ Adjustable bed if possible ➤ Appropriate Footwear for Caregivers ➤ Clothing that allows Caregivers movement ➤ Additional Caregivers may be required based on Client needs ➤ Routine Practices; Additional Precautions as assigned 	
		Training: <ul style="list-style-type: none"> ➤ Initial Orientation and regular review 	
		Resources: <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.828 Fold and Unfold Slider for Repositioning Two Minimum Assist 	
Client Criteria and Supportive Information: <ul style="list-style-type: none"> ➤ Unable or limited ability to assist with bed mobility. ➤ Unable to tolerate lateral rolling or cannot assist. ➤ Never leave slider under Client. Remove when repositioning is complete. 			
Steps to perform this task safely:			
		Caregivers Prepare for the Repositioning Task. <ul style="list-style-type: none"> ➤ Position bed at waist height of shortest Caregiver if possible. Caregivers position selves on opposite sides of bed. ➤ Position Client's arms over chest, if able, to get as close to Client as possible. 	
		Fold Slider(s): <ul style="list-style-type: none"> ➤ Lay slider(s) on top of Client with handles facing together to the inside of the slider. ➤ Grasp slider(s), fold into six inch folds with similar size part unfolded at the end. ➤ Position folded slider with folds facing down and with the unfolded portion at the starting insertion point. ➤ If inserting from head, position folded slider under pillow and slide to shoulders. ➤ If inserting from knees, position folded slider under knees and slide to buttocks. ➤ Position hand between folds and further tuck by pushing folds until resistance is felt. 	



SCHIPP.M4.008

	<p>Unfold Slider(s):</p> <ul style="list-style-type: none"> ➤ Caregivers face the end of bed where slider(s) has been placed. Caregivers grasp the bulk of folds with inside hand, palm facing up and hold the unfolded end with outside hand. Keep elbows at sides, do not lift up. ➤ Caregivers assume a lunge stance and weight shift front to back leg to unfold. ➤ Repeat until the buttocks or shoulders are reached. At this point, position hand between folds and tuck under heavier weight bearing area by pushing into mattress. ➤ Continue to unfold until slider(s) is all under Client.
	<p>Removal of Slider(s):</p> <ul style="list-style-type: none"> ➤ Once Client is positioned, one Caregiver folds top corner of bottom slider, keeping fold facing away from Client, and pushes it under Client's knees towards the other Caregiver. This Caregiver then places one hand on the Client to ensure stability during removal. ➤ The other Caregiver grasps the folded corner between the sliders and pulls gently, hand over hand, at an angle toward self while weight shifting in the direction of movement. ➤ The slider is removed slowly and grasped as close to Client's body as possible. ➤ Repeat for second slider if using sheets.
	<p>Awkward Locations:</p> <ul style="list-style-type: none"> ➤ If a Client were to fall in an awkward/tight location, rather than manually moving the Client to an open area, a slider should be inserted to assist with reduction of friction to move across the floor surface. ➤ Caregivers should be aware of body positioning and attempt to keep their spine neutral, facing the Client, crouching or kneeling to the floor when inserting the slider. ➤ Attach handles (blankets, pants), loop through and pull to extend. Two Caregivers, if possible grasp these handles, stand and weight shift to assist the Client to move to an open area.
	<p>Comfort and Positioning:</p> <ul style="list-style-type: none"> ➤ Caregivers ensure Client is comfortable and safely positioned. ➤ Never leave a slider under a Client at rest. ➤ Bed should be lowered to proper height when Caregiver leaves the room (lowest position or so Client can stand on own).
<p>Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p>Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p>Note: this task will be monitored periodically to ensure compliance and safety.</p>	