



<p>Team Name: Regional Palliative Care Team</p> <p>Team Lead: Regional Director – Seniors, Palliative Care & Cancer Care</p> <p>Approved by:</p>	<p>Reference Number: CLI.5910.PR.001</p> <p>Program Area: Palliative Care</p> <p>Policy Section: General</p>
<p>Issue Date: October 25, 2019</p> <p>Review Date:</p> <p>Revision Date:</p>	<p>Subject: Grief Snapshot</p>

PROCEDURE SUBJECT:

Grief Snapshot

PURPOSE:

To help assist with identification and prioritization of caregivers of palliative care patients who would most benefit from grief support.

DEFINITIONS:

Caregiver A person providing care to a family member or friend. Most often a caregiver is a spouse, adult child, another relative or friend. Caregivers are part of the patient care unit under the World Health Organization definition of Palliative Care.

PROCEDURE:

1. The Palliative Care Administrative Assistant includes the handout “Bereavement Support to Caregivers” (CLI.5910.PR.001.SD.01) in the Palliative Care information package. Palliative Care Nurses provide the information package to all new patients and their caregiver(s).
2. The Palliative Care Nurse identifies the caregiver(s) most involved with the patient.
3. The Palliative Care Nurse completes a Grief Snapshot Form (CLI.5910.PR.001.FORM.01) for the caregiver(s).
4. A separate form is completed for each caregiver as needed.
5. The Palliative Care Nurse can start filling out the form at any time while the patient is known to the Regional Palliative Care Program.
6. After death, the Palliative Care Nurse updates any information he or she may have about the caregiver(s) as part of the Admission/Discharge process.
 - Not all sections need to be completed.

- Only document the information which is readily known, or has come to be known as part of providing services to the patient and his/her caregivers.
 - If the caregiver has advised the Palliative Care Nurse that he/she does not want any bereavement follow-up, the Palliative Care Nurse notes this at the bottom of the form in the appropriate section.
7. After death, the Palliative Care Administrative Assistant tasks the Palliative Care Social Worker to review the Grief Snapshot Form.
 8. The Palliative Care Social Worker determines the need for grief support follow up and initiates follow up with the caregiver(s) based on his/her assessment.
 9. The initial follow up is documented on the patient's health record. Any ongoing follow-up is documented on the caregiver(s) health record. A new health record is created for the caregiver(s) if required.

SUPPORTING DOCUMENTS:

[CLI.5910.PR.001.FORM.01](#) Grief Snapshot

[CLI.5910.PR.001.SD.01](#) Palliative Care Bereavement Support to Caregivers