






GUIDELINE		SLIDER USE	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 21 2017 Revised date: January 2 2018
<p><b>Potential Hazards:</b></p> <ol style="list-style-type: none"> <li>1) If guideline not followed, there is a risk for awkward bending, reaching and over-extension, which can lead to a musculoskeletal injury.</li> <li>2) Depending on the workload, repetitive motions may be a factor.</li> <li>3) Client or Caregiver may slip, trip and fall.</li> <li>4) Client may grab or strike from reactive or defensive behavior.</li> <li>5) Infection Transmission</li> </ol> <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report to supervisor.</p>		<p><b>Personal protective equipment / devices required / other safety considerations:</b></p> <ul style="list-style-type: none"> <li>➤ Slider type appropriate for Client; such as a small or bigger tube slider, slider sheets, Breeze or Swift sheet sets.</li> <li>➤ Appropriate Footwear for Caregiver(s) and Client</li> <li>➤ Clothing that allows Caregivers movement</li> <li>➤ Isolation Precautions as required</li> </ul> <p><b>Training:</b></p> <ul style="list-style-type: none"> <li>➤ Initial Orientation and regular review</li> <li>➤ Minimum of 3 year review or as required</li> <li>➤ Training on use of sliders for repositioning</li> </ul> <p><b>Supporting Documents:</b></p> <ul style="list-style-type: none"> <li>➤ Follow Manufacturer's Instructions for equipment</li> <li>➤ <a href="#">SCHIPP.M1.001 Module 1</a></li> <li>➤ Video <a href="#">SCHIPP.RES.828 Fold and Unfold Slider for Positioning Two Minimum Assist</a></li> <li>➤ Video <a href="#">SCHIPP.RES.829 Repositioning in Bed with Slider Two Minimum Assist</a></li> <li>➤ Video <a href="#">SCHIPP.RES.834 Repositioning in Bed One Minimum Assist</a></li> </ul>	
<p><b>Client Criteria and Supportive Information:</b></p> <ul style="list-style-type: none"> <li>➤ Client requires a slider to assist with repositioning in seated and lying positions.</li> <li>➤ Sliders are a friction-reducing device that has two layers of material that slide on each other to move a Client. It should require minimal assistance by one or more Caregivers. Reducing friction enables Client to be moved more efficiently with less force and reduces potential for shearing on Client during the movement.</li> <li>➤ Sliders come in different sizes and styles and the appropriate type should be determined based on Client's size, functional ability and degree of mobility.</li> <li>➤ More Caregivers may be required based on a number of factors such as weight, resistance, responsive behavior.</li> <li>➤ Sliders need to be close to where care is occurring and accessible, so if one is in laundry a spare should be available.</li> <li>➤ Sliders are meant to be used during care; inserted prior will allow Caregivers to move and turn the Client more efficiently during dressing, washing, inserting a sling.</li> <li>➤ When an air mattress is used, consider a removable slider as the option to reposition rather than a fitted/stay in place option.</li> </ul>			

	<p><b>Set Up of Client with Slider:</b></p> <ul style="list-style-type: none"> <li>➤ Sliders can be inserted under a Client by inserting from one side and having Client roll in same direction to pull the slider out and lie underneath. Sliders can also be inserted by folding and then unfolding it under the Client.</li> <li>➤ Breeze/Swift slider sheet sets stay under the Client and are tucked in between the mattress and bed frame when not being used to move the Client.</li> <li>➤ Sliders should be under Client's hips and shoulders to help move these heavier weight bearing parts. They can be positioned under parts that need to slide, such as feet and legs if difficult to lift.</li> </ul>
 	<p><b>Repositioning Assist:</b></p> <ul style="list-style-type: none"> <li>➤ Roll top layer of slider palms down right up to Client's body, then turn thumbs up to allow your wrist to be straight. Keep your elbows to stay tucked in at your sides.</li> <li>➤ Hold slider taut, at Client's hip and shoulder for good control and have a wide stance facing Client, so waist is at mattress level. Use a weight shifting movement to move.</li> </ul>
	<p><b>Slider Use for Insertion of Items:</b></p> <ul style="list-style-type: none"> <li>➤ With sliders having two layers, items (sling) can be inserted from one side, between the layers, enough so another Caregiver can hold the item (sling straps).</li> <li>➤ While the Caregiver pulls the item through, the top layer of the slider is being held taut so it doesn't go under the Client.</li> </ul>
	<p><b>Removal of Slider:</b></p> <ul style="list-style-type: none"> <li>➤ All sliders except for Breeze/Swift sheet sets, need to be removed once movement(s) is complete as they are too slippery to safely stay under the Client.</li> <li>➤ Always remove the bottom layer so it slides against the top layer to come out. Remove slowly and hold close to Client's body towards their head and pull slider down and away so you don't pull up on their body weight when removing.</li> </ul>
<p><b>Employers must ensure that workers are trained and follow this guideline.</b>  <b>This procedure may be monitored to ensure compliance and safety.</b>  <b>Failure to follow this safe work procedure will increase use of manual lifting, awkward postures and forceful exertions.</b>  <b>This increases the risk obtain, stiffness and injury to the back, neck and arms of Caregivers.</b>  <b>REPORT ANY HAZARDOUS SITUATION TO SUPERVISOR</b></p>	