

Modified Textures and Thickened Liquids (Virtual) Hand- In Package



Welcome to the virtual education session of Modified Textures and Thickened Liquids. This course is two parts, each part taking approximately 30 minutes to complete. Both parts do not need to be completed in one sitting, however each part individually will need to be completed in one sitting. **Your progress in the course is not saved, so if you close out of your browser while in the middle of either part, you will need to start from the beginning again.**

It is the expectation that the employees of Southern Health – Santé Sud complete both parts of the education session of Modified Textures and Thickened Liquids.

Before starting the virtual education session of Modified Textures and Thickened Liquids, please ensure you have the following

- A distraction-free space
- A stable internet connection
- 30 minutes to dedicate to completing PART 1
- 30 minutes to dedicate to completing PART 2 and Knowledge Check Quiz
- A personal device (computer, laptop, tablet or smartphone)
- Speakers or headphones for audio sections
- Hand-In Package

Please connect with your Nutrition and Food Services Lead or facility's local education facilitator to arrange a space and time at your facility to complete the virtual education session of Modified Textures and Thickened Liquids.



Modified Textures and Thickened Liquids (Virtual) Agenda

PART 1

- **Overview of Dysphagia**
- **Role of Nutrition and Food Services Staff in Dysphagia Management**
- **Review of Texture Modified Diets**
- **High Risk Food Items**

PART 2

- **Review of Thickened Liquids**
- **Preparation of Texture Modified Diets & Thickened liquids**
- **Oral Nutritional Supplements and Medications Allowed with Thickened Fluids**
- **Consequences of Improper Fluid Consistency**

You must return your completed Modified Texture and Thickened Liquids Hand-in Package to your site's education facilitator or designate in order to have a record of completion of this education in your personnel file.

Please ensure that you complete this package in its entirety before handing it in.



Modified Textures and Thickened Liquids (Virtual) Checklist

Upon completion of virtual education session of Modified Textures and Thickened Fluids, check all sections that have been completed and sign below.

Please note that it is the expectation that staff complete all sections. This form will be retained in your personnel file.

PART 1	
Overview of Dysphagia	<input type="checkbox"/>
Role of Nutrition and Food Services Staff in Dysphagia Management	<input type="checkbox"/>
Review of Texture Modified Diets	<input type="checkbox"/>
High Risk Food Items	<input type="checkbox"/>
PART 2	
Review of Thickened Liquids	<input type="checkbox"/>
Preparation of Texture Modified Diets and Thickened Liquids	<input type="checkbox"/>
Oral Nutritional Supplements and Medications Allowed with Thickened Fluids	<input type="checkbox"/>
Consequences of Improper Fluid Consistency	<input type="checkbox"/>

I have completed the above sections of virtual education session of Modified Textures and Thickened Liquids and agree to comply with the standards.

Employee's Full Name: _____ Work Site: _____

Employee ID #: _____ Date: _____

Employee's Signature: _____

Did you complete the virtual education session of Modified Textures and Thickened Liquids while on duty or off duty? _____



Modified Textures and Thickened Liquids (Virtual) Checklist

In order to complete the virtual education session of Modified Textures and Thickened Liquids, please confirm you have completed both parts and knowledge check quiz; and then submit the completed hand-in package in to your facility’s education facilitator or designate.

I confirm that I have completed the following:

- Modified Textures and Thickened Liquids Part 1
- Modified Textures and Thickened Liquids Part 2
- Knowledge Check Quiz

**Please note that all quiz results are collected for verification purposes. We will verify that the quiz has been completed so only check if the quiz has been done. Staffs who have not finished the quiz will not be marked as completing the virtual session until the quiz result has been received.*

Employee’s Full Name: _____ **Work Site:** _____

Employee ID #: _____ **Date:** _____

Employee’s Signature: _____

Did you complete the virtual education session of Modified Textures and Thickened Liquids while on duty or off duty? _____

To be completed by the education facilitator or designate

I confirm that the above employee has handed in all necessary forms and paperwork to be marked for the completion of the virtual education session of Modified Textures and Thickened Liquids and I will:

- Complete the virtual education session of Modified Textures and Thickened Liquids completion form and submit it to Payroll or designate to enter into QHR
- Send this package to Payroll and/or NFS Lead to enter into employee’s personnel file

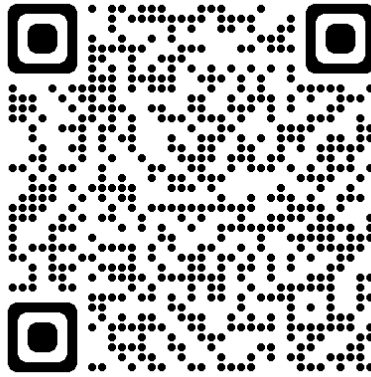
Educator/designate Name: _____ **Facility:** _____

Educator/designate Signature: _____ **Date:** _____



Modified Textures and Thickened Liquids (Virtual) Evaluation

Please scan the QR code or click on the link below to fill out an evaluation for virtual education session of Modified Texture and Thickened Liquids. Your feedback is important!



<https://www.surveymonkey.com/r/GYZ8V8M>

Thank you for taking time to complete this survey, we value your input!

Healthier **people**. Healthier **communities**. **Thriving** together.

Le mieux-être des **gens**. Le mieux-être des **communautés**. **Prospérons** ensemble.