



Client's Name:
PHIN:

**HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – Diskus Inhaler
Group (2 types of inhalers or less)**

<p>PROBLEMS TO WATCH FOR AND REPORT</p> <ul style="list-style-type: none"> • Client refuses to take medication. • Client not inhaling deeply to breath in the medication. • Check dose counter.

Procedure – Inhaled Medication – Diskus Inhaler
1. Wash hands.
2. Apply disposable gloves.
3. Review Five Rights of Medication Assistance: <ul style="list-style-type: none"> • Right Person • Right Drug • Right Dose • Right Time • Right Route
4. Hold Diskus inhaler in one hand, DO NOT shake.
5. Put thumb of other hand on thumb grip and push away as far as thumb grip will go. The mouthpiece will appear and click into position.
6. Hold Diskus inhaler level and flat with the mouthpiece towards Home Care Attendant. Slide lever away as far as it will go until it clicks.
7. Advise client to breathe out fully while holding Diskus inhaler level and away from their mouth.
8. Place mouthpiece to client's lips.
9. Advise client to breathe in quickly and deeply through their mouth.
10. Remove Diskus inhaler from client's mouth so they cannot breathe back into it.
11. Advise client to hold breath for 10 seconds or as long as comfortable.
12. Advise client to breathe out slowly.
13. Wipe mouthpiece. Close Diskus inhaler by returning thumb grip back to its original position.
14. Wait one minute between each inhale.
15. Wait five minutes between each inhaled medication.
16. Encourage client to rinse mouth with water after taking inhaled medication.
17. Remove disposable gloves and discard.
18. Wash hands.
19. Document correctly on the Home Care Medication Assignment Record – Home Care Attendant.