



HOMECARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC

Diskus Inhaler – (more than 2 types of inhalers)

Important Points to Remember for this Client	
Examples:	
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Date:	Signature:

PROBLEMS TO WATCH FOR AND REPORT

- Client cannot inhale deeply to breath in medication.
- Client refuses to take medication.
- Check dose counter.

Procedure – Inhaled Medication – Diskus Inhaler

- 1. Wash hands.
- 2. Apply disposable gloves.
- 3. Review Five Rights of Medication Assistance:
 - Right Person
 - Right Drug
 - Right Dose
 - Right Time
 - Right Route
- 4. Hold Diskus inhaler in one hand, DO NOT shake.
- 5. Put thumb of other hand on thumb grip and push away as far as thumb grip will go. The mouthpiece will appear and snap into position.
- 6. Hold Diskus inhaler level and flat with the mouthpiece towards HCA. Slide lever away as far as it will go until it clicks.
- 7. Advise client to breathe out fully while holding the Diskus inhaler level and away from their mouth.
- 8. Place mouthpiece to client's lips.
- 9. Advise client to breathe in quickly and deeply through their mouth.
- 10. Remove Diskus inhaler from the client's mouth so they cannot breathe back into it.
- 11. Advise client to hold breath for 10 seconds or as long as comfortable.
- 12. Advise client to breathe out slowly.
- 13. Close Diskus inhaler by returning thumb grip back to its original position.
- 14. Wait one minute between each inhale.
- 15. Wait five minutes between each inhaled medication.
- 16. Encourage client to rinse mouth with water after taking inhaled medication.
- 17. Remove disposable gloves and discard.
- 18. Wash hands.
- 19. Document correctly on the Home Care Medication Assignment Record Home Care Attendant.