



<b>Client's Name:</b>
<b>PHIN:</b>

**HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – Handi Haler  
Group (2 types of inhalers or less)**

<p><b>PROBLEMS TO WATCH FOR AND REPORT</b></p> <ul style="list-style-type: none"> <li>• Client refuses to take medication.</li> <li>• Client cannot inhale deeply to breathe in medication.</li> </ul>
--

<b>Procedure – Inhaled Medication – Handi Haler</b>
1. Wash hands.
2. Apply disposable gloves.
3. Review Five Rights of Medication Assistance: <ul style="list-style-type: none"> <li>• Right Person</li> <li>• Right Drug</li> <li>• Right Dose</li> <li>• Right Time</li> <li>• Right Route</li> </ul>
4. Open Handi Haler by pressing green piercing button.
5. Pull dust cap up to expose mouthpiece.
6. Pull mouthpiece up to expose chamber for capsule.
7. Remove one capsule from foil packaging.
8. Insert capsule in center chamber of the Handi Haler.
9. Close mouthpiece firmly until a “click” is heard. Mouthpiece should be firmly against grey base of inhaler and dust cap should be left to the side.
10. Hold Handi Haler with mouthpiece up and press green piercing button ONE time only, until it is flush against the base, and release (this makes holes in the capsule so the powder medication is ready to be breathed in).
11. Have client breathe out fully but not into the Handi Haler as it will cause powder to clump and client will not get full dose of medication.
12. Hold Handi Haler by its base being careful not to block air intake vents.
13. Raise Handi Haler device to the client’s mouth and have them close their lips tightly around the mouthpiece.
14. Have client breathe in slowly and deeply. Client should be able to hear and/or feel the capsule vibrate if they are doing it correctly.
15. Advise client to hold breath for 10 seconds or as long as comfortable.
16. Advise client to breathe out slowly.
17. Client may repeat steps 8-12 to ensure they got all of their dose. It is normal for there to be a light dusting of powder on empty capsule when you discard it.
18. Once client has taken dose, open the mouthpiece again, tip out the used capsule and throw it away.
19. Close and wipe mouthpiece. Close dust cap.
20. Wait one minute between each inhale.

21. Wait 5 minutes between each inhaled medication.
22. Encourage client to rinse mouth with water after taking inhaled medication.
23. Remove disposable gloves and discard.
24. Clean up supplies.
25. Wash hands.
26. Document correctly on the Home Care Medication Assignment Record – Home Care Attendant.