



HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC

Metered Dose Inhaler with AeroChamber – (more than 2 types of inhalers)

Important Points to Remember for this Client	
Examples:	
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Date:	Signature:
PROBLEMS TO WATCH FOR AND REPORT	
 Client refuses to take medication. 	

Procedure – Metered Dose Inhaler with AeroChamber

- 1. Wash hands.
- 2. Apply disposable gloves.

Check dose counter.

3. Review Five Rights of Medication Assistance:

Client cannot inhale deeply to breathe in medication.

- Right Person
- Right Drug
- Right Dose
- Right Time
- Right Route
- 4. Shake MDI for 5 seconds.
- 5. Fit inhaler into the AeroChamber.
- 6. Advise client to breathe out normally.
- 7. Place AeroChamber in client's mouth and advise client to make a tight seal around the mouthpiece.
- 8. Press down on inhaler cartridge.
- 9. Advise client to breathe in slowly for four or five normal breaths or encourage client to take one deep breath and hold for 10 seconds or as long as comfortable.
- 10. Remove spacer from client's mouth and advise client to breathe out slowly.
- 11. Wipe mouthpiece. Close cap.
- 12. Wait one to two minutes between puffs.
- 13. Wait five minutes between inhaled medications.
- 14. Encourage client to rinse mouth with water after taking inhaled medication.
- 15. Remove disposable gloves and discard.
- 16. Clean up supplies.
- 17. Wash hands.
- 18. Document correctly on the Home Care Medication Assignment Record Home Care Attendant