



## **HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC**

Respimat Inhaler

Important Points to Remember for this Client
Examples:
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Date: Signature:
PROBLEMS TO WATCH FOR AND REPORT
Client refuses to take the medication.
Check dose counter.
Procedure – Inhaled Medication – Respimat Inhaler
1. Wash hands.
2. Apply disposable gloves.
3. Review Five Rights of medication assistance:
Right Person
Right Drug
Right Dose
Right Time
Right Route
4. Hold inhaler upright with the cap closed (Do Not Shake).
5. Turn base a half turn in direction of black arrow on label until it clicks.
6. Open cap until it snaps.
7. Advise client to breathe out slowly and fully.
8. Have client close lips around the mouthpiece, making sure air vents aren't blocked.
9. Have client take a deep, slow breath in through their mouth while pressing the dose release.
Have client continue to breathe in for as long as possible.
10. Advise client to hold breath for 10 seconds or as long as comfortable.
11. Advise client to breathe out slowly.
12. Wait one minute between puffs.
13. Wait five minutes between inhaled medications.
14. Wipe mouthpiece. Close cap.
15. Encourage client to rinse mouth with water after taking inhaled medication.
16. Remove disposable gloves and discard.
17. Clean up supplies.
18. Wash hands.

19. Document correctly on the Home Care Medication Assignment Record – Home Care

Attendant.