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7	Client's Name:
\wedge	PHIN:

HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC

Turbuhaler

Important Points to Remember for this Client		
Examples:		
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Date:	Signature:	

PROBLEMS TO WATCH FOR AND REPORT

- Client cannot inhale deeply to breath in the medication .
- Client refuses to take the medication.
- Check dose counter.

Procedure – Inhaled Medication - Turbuhaler		
1.	Wash hands.	
2.	Apply disposable gloves.	
3.	Review Five Rights of Medication Assistance:	
	Right Person	
	Right Drug	
	Right Dose	
	Right Time	
	Right Route	
4.	Unscrew, lift off cover and place on a clean surface.	
5.	Hold the inhaler upright. Turn grip as far as it will go in one direction and then back to the	
	original position until you hear a click.	
6.	Advise the client to breathe out fully.	
7.	7. Have client seal mouth around mouthpiece.	
	8. Advise client to breathe in forcefully and deeply through their mouth.	
	Advise client to hold breath for 10 seconds or as long as comfortable.	
10.	Remove inhaler from client's mouth before they can breathe out into inhaler.	
11.	Advise client to breathe out slowly.	
12.	Replace cap when medication has been given.	
13.	Wait one minute between puffs.	
14.	Wait five minutes between inhaled medications.	
15.	Wipe mouthpiece. Close cap.	
	Encourage client to rinse mouth with water after taking inhaled medication.	
17.	Remove disposable gloves and discard.	
18.	Wash hands.	

19. Document correctly on the Home Care Medication Assignment Record – Home Care Attendant.