




SAFE WORK PROCEDURE		INSERTING SLING WITH SLIDER IN BED TWO MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
<p>Potential Hazards:</p> <ol style="list-style-type: none"> 1. If procedure not followed, there is a risk for awkward bending and reaching, as well as potential for awkward or forceful lifting or moving which can lead to a musculoskeletal injury 2. Depending on the workload, repetitive motions may be a factor. 3. Client or caregiver may slip, trip or fall. 4. Client may grab or strike from reactive or defensive behavior. 5. Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p>Personal protective equipment / devices required / other safety considerations:</p> <ul style="list-style-type: none"> ➤ Two slider sheets or tube slider ➤ Adjustable bed if possible ➤ Appropriate Footwear for Caregivers ➤ Clothing that allows Caregivers movement ➤ Additional Caregivers may be required based on Client needs ➤ Routine Practices; Additional Precautions as assigned <p>Training:</p> <ul style="list-style-type: none"> ➤ Initial Orientation and regular review ➤ Training on use of sliders for repositioning <p>Resources:</p> <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.849 Inserting Sling With Slider in Bed Two Minimum Assist ➤ Video SCHIPP.RES.828 Fold and Unfold Slider For Positioning Two Minimum Assist 	
<p>Client Criteria and Supportive Information:</p> <ul style="list-style-type: none"> ➤ Unable or limited ability to assist with bed mobility. ➤ Unable to tolerate rolling in bed ➤ Difficult to roll due to increased force required. ➤ Never leave slider under Client. Remove after sling is inserted or repositioning is complete. 			
<p>Steps to perform this task safely:</p>			
		<p>Prepare for Insertion of Slider in Bed:</p> <ul style="list-style-type: none"> ➤ Position bed at waist height of shortest Caregiver if possible. ➤ Caregivers position themselves on opposite sides of bed. ➤ Position Client's arms over chest, if able, so as close to Client as possible. ➤ Fold slider under Client. 	

	<p>Insertion of Sling between Slider in Bed:</p> <ul style="list-style-type: none"> ➤ First Caregiver takes sling, inserting straps on one side of sling; between slider(s) under Client's neck, low back (if applicable) and under hips. ➤ Second Caregiver reaches between slider(s), to hold straps. ➤ First Caregiver holds top layer of slider(s) tight. ➤ Second Caregiver pulls out each strap towards self, weight shifting onto back leg and keeping elbows at sides. Keep pulling straps and sling until there is the same amount of sling under Client on both sides. ➤ If Sling is not correctly positioned under Client, both Caregivers can hold top layer of slider(s) and pull sling up or down with other hand while weight shifting. ➤ Other items can be inserted between slider(s), such as braces, x-ray tablets. Insertion method may vary.
	<p>Removal of Sling between Slider in Bed:</p> <ul style="list-style-type: none"> ➤ Remove slider(s). ➤ If using a tube slider, take top layer, fold it under and pull it up towards Client's head to expose the sling. It would be removed from Client's neck area once lifted up. ➤ If using slider sheets, take top layer, fold it under and pull up and out. Bottom slider sheet can be removed the same way, or left on bed, if Client is being lifted up with sling and lift.
<p>Comfort and Positioning:</p> <ul style="list-style-type: none"> ➤ Caregivers ensure Client is comfortable and safely positioned. 	
<p>Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p>Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p>Note: this task will be monitored periodically to ensure compliance and safety.</p>	