





SAFE WORK PROCEDURE		INSERTION AND REMOVAL OF SLING IN CHAIR TWO MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
<p><b>Potential Hazards:</b></p> <ol style="list-style-type: none"> <li>1) If procedure not followed, there is risk for awkward postures and overextension which can lead to musculoskeletal injury.</li> <li>2) Depending on the workload, repetitive motions may be a risk.</li> <li>3) Client or caregiver may slip, trip and fall.</li> <li>4) Client may grab or strike from reactive or defensive behavior.</li> <li>5) Microorganism Transmission</li> </ol> <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p><b>Personal protective equipment / devices required / other safety considerations:</b></p> <ul style="list-style-type: none"> <li>➤ Sling</li> <li>➤ Slider if required</li> <li>➤ Appropriate Footwear for Client and Caregivers</li> <li>➤ Clothing that allows Caregivers movement</li> <li>➤ Open back clothing for Client to assist with care needs</li> <li>➤ Routine Practices; Additional Precautions as assigned</li> </ul> <p><b>Training / Reference Information:</b></p> <ul style="list-style-type: none"> <li>➤ Initial Orientation and regular review</li> <li>➤ Training on use of sliders</li> </ul> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>➤ Follow Manufacturer’s Instructions for equipment</li> <li>➤ <a href="#">SCHIPP.M1.001 Module 1</a></li> <li>➤ Video <a href="#">SCHIPP.RES.850 Insertion and Removal of Sling in Chair Two Minimum Assist</a></li> </ul>	
<p><b>Client Criteria and Supportive Information:</b></p> <ul style="list-style-type: none"> <li>➤ Client may require sling removal for skin integrity reasons.</li> <li>➤ Client is not aggressive during sling insertion and removal.</li> <li>➤ Client’s posture and tone do not make it a risk for sliding out of chair during sling removal or insertion.</li> <li>➤ When armrests are removed or swing away, caregiver can access sling into appropriate position.</li> <li>➤ Client does not need to be frequently moved out of chair.</li> <li>➤ Client should be assessed by the health care team to decide if the sling is removed or kept in place based on guidelines above and communicated per care plan to staff.</li> </ul>			
<p><b>Steps to perform this task safely:</b></p>			
		<p><b>Set Up</b> See <a href="#">SCHIPP.M2.002 Guideline Preparation For Client Handling Tasks:</a></p> <ul style="list-style-type: none"> <li>➤ Position chair so that there is enough room to maneuver on either side.</li> <li>➤ Apply brakes on chair.</li> <li>➤ Remove or swing away footrests and armrests.</li> </ul>	

	<p><b>Insert Sling in Chair:</b></p> <ul style="list-style-type: none"> <li>➤ First Caregiver stands beside Client and places one hand across the Client's upper back and other hand in front of shoulder. Weight shift forward to guide Client.</li> <li>➤ Second Caregiver slides sling (tag facing out) down the back of the chair so bottom of the sling is level with Client's tailbone.</li> <li>➤ If Client cannot lean forward or be assisted with minimal exertion, a slider can be inserted behind Client's back to slide sling down the back of the chair.</li> <li>➤ While crouching or kneeling, first Caregiver lifts Client's leg slightly while the second Caregiver passes leg strap underneath. Repeat for other leg.</li> <li>➤ If lifting Client's legs is difficult, a slider can be inserted under Client's thigh to slide sling under and between legs. Removal of sling using reverse order.</li> </ul>
	<p><b>Insertion at Slider To Apply Sling at Back of Chair:</b></p> <ul style="list-style-type: none"> <li>➤ Fold a slider in half or take a tube slider with each Caregiver holding slider on each side, face back of chair insert bottom end of slider at top of back rest.</li> <li>➤ Pull layer resting against back of chair and pull down to seat level under Client's buttocks. Other layer will follow.</li> <li>➤ Both Caregivers take sling where leg piece starts, insert sling between slider and back of chair, crouching down as you insert.</li> <li>➤ Together pull sling so it slides against the slider to seat of chair under Client's buttocks keeping elbows at sides.</li> <li>➤ Crouch, remove or swing away armrest and pull leg piece towards thigh of Client.</li> <li>➤ Smooth out creases of sling and push under buttocks and thigh.</li> <li>➤ Remove slider from back of chair taking side closest to sling and pulling it up and out slowly so sling stays in place.</li> </ul>
	<p><b>Insertion at Slider and Sling Leg Piece at Client's Thigh Area:</b></p> <ul style="list-style-type: none"> <li>➤ First Caregiver takes slider, back straight, pushes it under Client's thighs at knees and shifts it up high enough to cover area where sling will go.</li> <li>➤ First Caregiver pushes leg piece of sling under slider making sure it is flat against Client's thigh,</li> <li>➤ Second Caregiver is standing beside, reaches for strap and pulls up, elbow at sides, until it is snug against Client's thigh.</li> <li>➤ First Caregiver removes slider taking under side, pulling towards self while shifting back. Switch roles and repeat for second thigh.</li> <li>➤ Removal of sling with sliders using the reverse order.</li> </ul>
	<p><b>Comfort and Positioning:</b></p> <ul style="list-style-type: none"> <li>➤ If Sling is left in chair, it should be above Client's buttocks at the back, leg straps should be flat and moved beside chair or behind if at all possible, to limit sling seams against Client's body. Ensure Client is comfortable and safely positioned.</li> </ul>
<p><b>Managers/Supervisors:</b> ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p><b>Staff performing task:</b> perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p><b>Note:</b> this task will be monitored periodically to ensure compliance and safety.</p>	