

Insufficient Milk Supply and/or Weight Gain Clinical Practice Tool

ASSESSMENT	CLINICAL GUIDANCE	
History and Observations	Client	Public Health Nurse
<ul style="list-style-type: none"> Breastfeeding history (past and present) Knowledge of breastfeeding behaviour (cue based feeding) Time spent on non-nutritive sucking (pacifier) Supplementation (how much and how often) History of voids and stools History of weight gain (plot on WHO growth charts) Engorgement lasting more than 48 hours Breastfeeding latch and position (observe suck and swallow) Signs of hydration 	<ul style="list-style-type: none"> • Baby's best chance page. 98 • Why does my baby cry 	<ul style="list-style-type: none"> • Query - Normal Baby Behaviours • Review protocols #2 and #3
<ul style="list-style-type: none"> Breast changes in puberty, pregnancy, and or postpartum History of fertility, metabolic concerns, or medical conditions(PCOS, Thyroid, or Diabetes) History of breast injury, surgery or biopsy Unusually shaped or widely spaced breasts One breast is markedly different in size and shape from the other 	<ul style="list-style-type: none"> • Handout for increasing milk supply • Breastfeeding care plan 	<ul style="list-style-type: none"> • Query - Insufficient Glandular Tissue • Review protocol #12 • Review BAMS p. 759-769
<ul style="list-style-type: none"> Maternal medications or herbs Smoking or alcohol use 	<ul style="list-style-type: none"> • Health links or mommy meds 	<ul style="list-style-type: none"> • Query - Medication reducing Milk supply • Review client meds in Hale Medications and Mothers milk
<ul style="list-style-type: none"> Late preterm baby 	<ul style="list-style-type: none"> • Late preterm feeding plan • Increasing milk supply handout 	<ul style="list-style-type: none"> • Late Preterm Infant • Review protocol #18 • Alternate feeding methods BAMS p. 811-824
<ul style="list-style-type: none"> Medical condition - Jaundice 	<ul style="list-style-type: none"> • Breastfeeding care plan 	<ul style="list-style-type: none"> • Jaundice • Review protocol #14
<ul style="list-style-type: none"> Assess palate, frenulum, lips, gums, and chin 	<ul style="list-style-type: none"> • Breastfeeding care plan 	<ul style="list-style-type: none"> • Query – Lip and/or tongue tie (note- only if you suspect a problem go do an oral assessment and only if you are trained to do one) • Review protocol #10
<ul style="list-style-type: none"> Torticollis 	<ul style="list-style-type: none"> • Breastfeeding care plan 	<ul style="list-style-type: none"> • Query - Torticollis • BAMS page 637 • Refer to Children and Youth Rehabilitation Services