





SAFE WORK PROCEDURE		LIFT WITH A LIMB SLING ONE OR MORE MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Date Created: June 29 2016	Review Date: December 21 2018 Revised date: January 2 2018
<p><b>Potential Hazards Present:</b></p> <ol style="list-style-type: none"> <li>1) If procedure not followed, there is a risk for awkward postures and over exertion, which can lead to a musculoskeletal injury.</li> <li>2) Depending on the workload, repetitive motions may be a factor.</li> <li>3) Client may grab or strike from reactive or defensive behavior.</li> <li>4) Microorganism Transmission</li> </ol> <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p><b>Personal protective equipment / devices required / other safety considerations:</b></p> <ul style="list-style-type: none"> <li>➤ Ceiling lift or Floor lift and Manufacturer specific Limb Sling: ensure in working order, battery charged and aware of operation of buttons/manual controls.</li> <li>➤ Tube slider if required</li> <li>➤ Appropriate Footwear for Caregiver(s)</li> <li>➤ Clothing that allows Caregiver(s) movement</li> <li>➤ Routine Practices; Additional Precautions as assigned</li> </ul> <p><b>Training:</b></p> <ul style="list-style-type: none"> <li>➤ Initial Orientation and regular review</li> <li>➤ Training on use of lifts, sliders for repositioning</li> </ul> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>➤ Follow Manufacturer's Instructions for equipment</li> <li>➤ <a href="#">SCHIPP.M1.001 Module 1</a></li> <li>➤ Video <a href="#">SCHIPP.RES.852 Lift With a Limb Sling One or More Minimum Assist</a></li> </ul>	
<p><b>Client Criteria and Supportive Information:</b></p> <ul style="list-style-type: none"> <li>➤ Client's limb is difficult to position and/or lift due to stiffness, size, level of pain, behavior or when positioning wedges or pillows do not allow for correct positioning for care.</li> <li>➤ A ceiling lift is more effective to use with limb sling versus a floor lift. Move a portable lift on a cart, do not carry.</li> <li>➤ Attach a portable ceiling lift to the track by using the manufacturer's attachment wand.</li> </ul>			
<p><b>Steps to perform this task safely:</b></p>			
		<p><b>Preparation for use of Limb Sling:</b></p> <ul style="list-style-type: none"> <li>➤ Position bed so that there is enough room to maneuver.</li> <li>➤ Ensure bed is positioned under the ceiling track if being used so that the strap on the lift will be in straight vertical position: not on a slant.</li> <li>➤ Apply brakes on bed. Lower side rails if needed.</li> <li>➤ If possible, adjust the bed to waist height to allow for good body mechanics for care provision.</li> </ul>	
		<p><b>Position Lift and Attach Limb Sling:</b></p> <ul style="list-style-type: none"> <li>➤ Limb sling may be inserted in a slider to insert under a limb (leg or arm) if it is easier to apply. Attempt to position it in the curve under a knee or elbow. The sling should be smoothed out and supported above or below the joint.</li> <li>➤ Lift is positioned directly over Client's limb and lower hanger bar, with hooks aligned side to side.</li> <li>➤ Attach loops securely on both sides that will allow close contact with Client's limb and attach to lift.</li> </ul>	

	<p><b>Limb is Lifted:</b></p> <ul style="list-style-type: none"> <li>➤ Raise the Client's limb as high and in a position that is tolerated by Client and for care provision. Client may be lying on back or on side depending on care required.</li> <li>➤ A positioning wedge may be positioned under limb and limb lowered onto it.</li> <li>➤ Provide care, (dressing change, catheter care).</li> </ul>
	<p><b>Lower and Disengage Sling from Lift:</b></p> <ul style="list-style-type: none"> <li>➤ When care complete, lower hanger bar to give enough slack in straps to remove without difficulty.</li> <li>➤ Remove lift from area.</li> </ul>
	<p><b>Comfort and Positioning:</b></p> <ul style="list-style-type: none"> <li>➤ Ensure Client is comfortable and safely positioned, with positioning pillows/wedges as required.</li> </ul>
<p><b>Managers/Supervisors:</b> ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p><b>Staff performing task:</b> perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p><b>Note:</b> this task will be monitored periodically to ensure compliance and safety.</p>	