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# Cultural Safety Lunch & Learn Series

## Qulliq Teachings with Inuit Elder Martha Peet



**Monday, April 7, 2025**

12:30 to 1:30 pm

Virtual TEAMS

Scan this code or click  
this [link](#) for more details



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*The Qulliq is an Inuit lamp that provides light and warmth to the Earth. The lamp is made out of soapstone and is shaped in a half moon with a vessel to hold oil for burning.*

*It was originally made by a husband for his wife. This symbolized that she was the flame keeper of the home. On a deeper spiritual level, it also honours the fact that women are the life carriers.*