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Noticing & Navigating: Strengthening Psychological Safety for Nursing Teams



Overview

Join us March 12th for a 3-hour virtual workshop on team-oriented psychological health & safety for nurses. We'll explore the power of noticing—being attuned to how others are doing—and assuming positive intent, giving colleagues the benefit of the doubt in high-stakes work environments. Drawing from conscious leadership principles, we'll address key challenges affecting team cohesion, including disruptive communication patterns and the underlying tensions that can contribute to a fear of conflict or violence. Through engaging discussions and practical strategies, you'll learn how to foster a culture of psychological safety and respect within your healthcare teams.

Objectives

- Recognize early signs of stress, disengagement, and tension in colleagues to proactively support their psychological health and safety.
- Use compassion-driven strategies, like assuming positive intent, to navigate challenging communication dynamics and high-pressure situations with greater understanding and effectiveness.
- Strengthen team-based respect and civility by fostering open dialogue, addressing underlying tensions, and reducing the fear of conflict or retaliation in healthcare settings.

Date

Time

⊕ March 12, 2025

⊕ 9:00 – 12:00

Location

Virtual via ZOOM

Target Audience

⊕ This session is intended for all Nurses

Notes to participants

- ⊕ Please test the meeting invite prior to the session to ensure it works
- ⊕ Only those registered will receive the meeting link
- ⊕ No registration fee for this session

Registration open until March 12, 2025

Follow the link below or scan the QR code to register:

https://us06web.zoom.us/meeting/register/BSYY7FtIRyu_japg3aBIGQ

