

Newborn Feeding Record

Time of first Skin to Skin (STS) _____
 Duration of first STS _____

■ Daily Weight: Recommended: Taking weights as close to 24h/48h/72h of age as possible

Birth Weight = _____
8% loss = _____

	% Weight Loss	D/M/Y	Time	Initial
_____ g	_____	_____	_____	_____
_____ g	_____	_____	_____	_____
_____ g	_____	_____	_____	_____
_____ g	_____	_____	_____	_____

$$\% \text{ weight loss} = \frac{\text{birth weight} - \text{weight}}{\text{birth weight}} \times 100$$

Type: BR - Breast EBM - Expressed Breast Milk F - Formula
Method: C – Cup SNS - Supplemental Nursing System SP- Spoon FF - Finger Feeding B - Bottle
Amount: Breast: time and side Formula: mLs

DATE	TIME	GLUCOSE READING	FEEDING (Type, Amount, Method)	Breast Fed Infants Only LATCH-R SCORE								STS	HAND EXPRESSION	PUMPING	COMMENTS (e.g. visible jaundice, mucousy)	VOID	STOOL	INITIAL
				L	A	T	C	H	R	Total								

LATCH-R BREASTFEEDING ASSESSMENT GUIDE

	0	1	2
LATCH	<ul style="list-style-type: none"> too sleepy or reluctant no latch achieved 	<ul style="list-style-type: none"> repeated attempts hold nipple in mouth stimulate to suck 	<ul style="list-style-type: none"> grasps breast tongue down lips flanged rhythmical sucking
AUDIBLE SWALLING	<ul style="list-style-type: none"> none 	<ul style="list-style-type: none"> a few with stimulation 	<ul style="list-style-type: none"> spontaneous and intermittent < 24h spontaneous and frequent > 24h
TYPE OF NIPPLE	<ul style="list-style-type: none"> inverted 	<ul style="list-style-type: none"> flat 	<ul style="list-style-type: none"> everted after stimulation
COMFORT (Breast / Nipple)	<ul style="list-style-type: none"> engorged cracked, bleeding, large blisters or bruises severe discomfort 	<ul style="list-style-type: none"> filling reddened, small blisters or bruises mild / moderate discomfort 	<ul style="list-style-type: none"> soft non-tender
HOLD (Positioning)	<ul style="list-style-type: none"> full assist 	<ul style="list-style-type: none"> minimal assist teach one side, mother does other staff holds, mother takes over 	<ul style="list-style-type: none"> no assist from staff mother able to position and hold baby
MOTHER'S RESPONSIVENESS TO INFANT CUES, CONFIDENCE TO BREASTFEED	<ul style="list-style-type: none"> mother does not respond to infant feeding cues mother does not feel confident about her ability to breastfeed 	<ul style="list-style-type: none"> mother requires help to interpret infant feeding cues mother requires confidence building 	<ul style="list-style-type: none"> mother responds appropriately to infant feeding cues mother feels confident about her ability to breastfeed

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