



Client's Name:
PHIN:

HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC
Ostomy

Important Points to Remember for this Client
Examples: <ul style="list-style-type: none"> • Date: _____ Signature: _____

PROBLEMS TO WATCH FOR AND REPORT <ul style="list-style-type: none"> • Redness, irritation, open skin, surrounding stoma. • The Ostomy Assessment and Application Plan must be completed and updated at least every six months.

Procedure – Ostomy Pouch Application
1. Wash hands.
2. Collect supplies.
3. Apply disposable gloves.
4. Empty contents of ostomy pouch into a container. If contents are more solid, place toilet paper into bottom of container to facilitate easy emptying into toilet. Wipe drain with toilet paper to dry before reattaching clip.
5. Remove gloves and discard. Wash hands. Apply new disposable gloves.
6. Perform pre task set up as per Ostomy Assessment and Application.
7. Assist client to a comfortable position and drape client with disposable waterproof pads as needed.
8. Disconnect pouch from belt if client wears one.
9. Remove old wafer and pouch by gently pushing on the client's skin away from the wafer.
10. Remove old clip from pouch and wash clip if reusing.
11. Discard old pouch and skin barrier into garbage and tie closed to minimize odor.
12. Use warm water on a soft cloth or J-cloth to remove feces and/or mucous from skin surrounding stoma. Wipe from edge of stoma outward. The stoma itself does not need to be washed.
13. If using a wash basin, wet cleaning cloth and use for cleaning skin, then discard. Never place a used cloth back into wash basin.
14. Use a clean soft cloth to pat dry the surrounding skin.
15. Observe the stoma for any redness and irritation. Report any skin breakdown to Resource Coordinator as soon as possible.
16. Follow Ostomy Appliance Application Plan.
17. Once new appliance is attached, secure pouch with belt if used.
18. Ensure appliance pouch is closed.
19. Remove disposable gloves and discard.
20. Wash hands.
21. Document correctly on the Home Care Treatment/Care Plan Activity Assignment Record – Home Care Attendant.