



# NALOXONE INJECTION TRAINING CHECKLIST

## RESPONDING TO AN OPIOID OVERDOSE

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| <input type="checkbox"/> <b>UNRESPONSIVE</b>                           | <ul style="list-style-type: none"><li>• <b>Stimulate with noise</b> (shout, use their name)</li><li>• Touch (sternal rub), remember, tell the person what you are doing before you touch them</li></ul>  |
| <input type="checkbox"/> <b>CALL 911</b>                               | <ul style="list-style-type: none"><li>• Put the person in the recovery position if you have to leave them alone</li><li>• Give address and if possible <b>send someone to meet paramedics</b> at the door</li></ul>  |
| <input type="checkbox"/> <b>CLEAR AIRWAY &amp; VENTILATE</b>           | <ul style="list-style-type: none"><li>• Clear airway (removing anything from their mouth), tilt head, lift chin</li><li>• Pinch nose and give 2 breaths</li><li>• Continue <b>1 breath every 5 seconds until the person is breathing again</b></li></ul>   |
| <input type="checkbox"/> <b>GIVE 1ST DOSE</b>                          | <ul style="list-style-type: none"><li>• Snap top off ampoule, draw up all of the naloxone</li><li>• Inject into large <b>muscle</b> (thigh, upper arm, or buttock)</li><li>• Inject at 90°, push plunger until you hear a click (needle will retract)</li></ul>  |
| <input type="checkbox"/> <b>EVALUATE &amp; GIVE 2ND DOSE IF NEEDED</b> | <ul style="list-style-type: none"><li>• <b>Continue to give breaths</b> until they respond (the person is breathing again on their own)</li><li>• <b>After 5 minutes, if the person is still unresponsive, give them a 2nd dose of naloxone</b></li><li>• <b>Continue breaths</b> until the person is breathing on their own, or until paramedics arrive</li></ul> |
| <input type="checkbox"/> <b>AFTERCARE</b>                              | <ul style="list-style-type: none"><li>• Naloxone wears off in 20-90 minutes</li><li>• The person will not remember overdosing (explain what happened)</li><li>• Monitor the person for at least 2 hours and do <b>NOT</b> allow them to take more opioids (they could overdose again)</li></ul>  |
| <input type="checkbox"/> <b>REFILL</b>                                 | <ul style="list-style-type: none"><li>• Go to your nearest pharmacy to buy more naloxone</li></ul>   |