

This guideline has been reviewed and adjusted to reflect Southern Health-Santé Sud protocols and policies.

**SH-SS Personal Protective Equipment (PPE)
DONNING & DOFFING OBSERVATION GUIDE
(For use by Trained PPE Observer)**

Ensure PPE Donning and DoFFing posters are posted in locations for staff to reference.

Where there is an anteroom available:

- Donning occurs inside the anteroom
- DoFFing gloves and gown occur inside the patient/resident room; doffing eye protection and mask/respirator, if not extended use, occurs in the anteroom

Where there is NO anteroom available:

- Donning occurs in the hallway just outside the room/space
- DoFFing gown and gloves occur just inside the room/space; doffing eye protection and mask/respirator, if not extended use, occurs just outside the room/space

DONNING PPE

1	Health Care Worker (HCW) has completed the following: <ul style="list-style-type: none"> • Hair tied or pulled back if needed • Remove jewelry, lanyards, etc. • Staff are clean shaven if wearing a N95 respirator • For isolation wards/units: personal items have been stored in alternate location (e.g. phone, pen)
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INITIAL DONNING OF PPE UPON ARRIVAL AT WORK/PPE DONNING STATION

2	Perform hand hygiene
3	Don procedure mask (if not already wearing) or fit tested N95 Respirator if required on ward (e.g. AGMP) <ul style="list-style-type: none"> • Perform seal check with N95 Respirator
4	Don eye protection <ul style="list-style-type: none"> • Place over the eyes (or face) • Adjust to fit

DONNING ADDITIONAL PPE

If changing to N95 Respirator is required in addition to a gown, follow Mask doffing procedure (on other side of this page), and then don N95 Respirator as above

5	Don gown <ul style="list-style-type: none"> • Fasten both top and waist ties • If needed for full coverage, 2 gowns should be worn. 1st as a housecoat and 2nd as per usual donning procedure
6	Don gloves <ul style="list-style-type: none"> • Place glove cuff over the cuff of the gown
7	Final PPE check <ul style="list-style-type: none"> • HCW performs basic movement for work tasks

DOFFING PPE	
1	<p>Remove gloves (glove to glove; skin to skin)</p> <ul style="list-style-type: none"> • Grasp at palm and remove first glove, pulling glove inside out • Hold glove that was removed in the hand still gloved • Scoop under the second glove with bare fingers and remove second glove by pulling it inside-out over the first glove • Put the gloves in the garbage
2	Perform hand hygiene
3	<p>Remove gown</p> <ul style="list-style-type: none"> • Untie gown: Unfasten top tie first, then waist tie • Scoop fingers under cuff of one sleeve then pull sleeve over one hand • Use gown-covered hand to pull gown over other hand • Pull off without touching outside of gown. Roll gown inside out • Place in laundry hamper or garbage, as appropriate
4	Perform hand hygiene
5	<p>Management of Eye protection and Procedure mask or N95 Respirator</p> <ul style="list-style-type: none"> • Was an intubation performed? If yes: <ul style="list-style-type: none"> ○ Remove eye protection by handles carefully pulling away from face ○ <i>Clean/disinfect</i> upon removal and reuse or place in secure place ○ Bend forward slightly and carefully remove the N95 respirator from your face by touching only the elastic bands. The front of the N95 respirator is considered contaminated ○ Lift the bottom elastic over your head, then the top elastic ○ Lift mask away from your face while holding the elastic ○ Place mask in garbage (N95 respirators are <i>discarded</i> post-intubation) ○ Perform hand hygiene • If NO intubation was performed: <ul style="list-style-type: none"> ○ Facial protection (eye protection and procedure mask or N95 respirator) can be extended use. Remove extended use facial protection at breaks or end of shifts or if wet, damaged, or soiled as per the following: <ul style="list-style-type: none"> ○ Remove eye protection by handles including at breaks, at end of shift and if visibly soiled <ul style="list-style-type: none"> ▪ Clean/disinfect upon removal including at breaks, at end of shift and if visibly soiled ○ Remove Procedure Mask <ul style="list-style-type: none"> ▪ Bend forward slightly and carefully remove the mask from your face by touching only the ties or elastic bands. The front of the mask is considered to be contaminated ▪ With one hand on each strap, remove mask being careful not to allow outside of mask to touch face ▪ Place mask in garbage ○ Remove N95 Respirator <ul style="list-style-type: none"> ▪ Bend forward slightly and carefully remove the mask from your face by touching only the elastic bands. The front of the N95 respirator is considered to be contaminated ▪ Lift the bottom elastic over your head, then the top elastic ▪ Lift mask away from your face while holding the elastic ▪ Place N95 respirator in garbage ○ Perform hand hygiene