



**CRISIS RESPONSE SERVICES  
CRISIS STABILIZATION UNIT**

REFERRAL FORM

Call Toll Free: 1-855-320-1096

Label Space



YES  NO

REFERRAL DATE (DD/MMM/YYYY): \_\_\_\_\_ TIME: \_\_\_\_\_ am \_\_\_\_\_ pm

CLIENT NAME: \_\_\_\_\_ GENDER: \_\_\_\_\_  
(FIRST NAME) (LAST NAME)

D.O.B: \_\_\_\_\_ AGE: \_\_\_\_\_ PHIN #: \_\_\_\_\_ MHSC #: \_\_\_\_\_  
(DD/MMM/YYYY)

ADDRESS: \_\_\_\_\_  
(STREET#/ NAME/ BOX #) (TOWN/CITY) (PROVINCE) (POSTAL CODE)

HOME PHONE #: \_\_\_\_\_ CELL #: \_\_\_\_\_ PERMISSION TO LEAVE VOICEMAIL?  YES  NO

BEST METHOD OF CONTACT: \_\_\_\_\_

ABORIGINAL STATUS:  YES  NO

IS THE CLIENT AWARE AND AGREEABLE TO MENTAL HEALTH SERVICES?  YES  NO

NAME OF REFERRAL SOURCE: \_\_\_\_\_

SELF  PARENT/GUARDIAN  PHYSICIAN  SCHOOL \_\_\_\_\_  OTHER \_\_\_\_\_

REFERRAL SOURCE TELEPHONE #: \_\_\_\_\_ FAX #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
(STREET#/NAME/BOX #) (TOWN/CITY) (PROVINCE) (POSTAL CODE)

INTERPRETATION SERVICES (available, if required):  Language: \_\_\_\_\_

**REASON FOR REFERRAL**

Section A	Yes	No	Unsure
<b>CLIENTS ARE NOT SUITABLE CANDIDATES FOR THE CSU IF THE FOLLOWING ARE PRESENT:</b>			
IS HOUSING OR SHELTER THIS INDIVIDUALS PRIMARY NEED?			
IS THIS INDIVIDUAL MEDICALLY UNSTABLE?			
IS THIS INDIVIDUAL INTOXICATED?			
DOES THIS PERSON POSE A SIGNIFICANT SAFETY RISK TO SELF AND/OR OTHERS? (IS THERE A CLEAR INDICATION AND/OR EXPRESSED INTENTION OF ACTING ON IT?)			

Section B	Yes	No	Unsure
NEEDS SUPPORT, PROBLEM SOLVING, ADVOCACY, AND REFERRAL TO MANAGE THEIR CURRENT CRISIS, SUFFICIENT TO RETURN TO THEIR REGULAR ENVIRONMENT?			
IS THE INDIVIDUAL BEING DISCHARGED FROM A HOSPITAL STAY AND WOULD BENEFIT FROM A SHORT TERM STAY AT THE CRISIS BED PROGRAM, AND TO FACILITATE THEM SUCCESSFULLY TRANSITIONING BACK INTO THE COMMUNITY?			
HAS RCMP INVOLVEMENT BEEN A RESULT OF UNSTABLE/FLUCTUATIONS OF THE ILLNESS/SYMPTOMS AND REQUIRES SHORT TERM INTENSIVE SUPPORT TO PREVENT FURTHER ENCOUNTERS WITH RCMP?			
HAS A COMBINATION OF SUBSTANCE USE AND EXPERIENCING SYMPTOMS OF MENTAL ILLNESS WHICH REQUIRES SHORT TERM OBSERVATION?			

**NOTE: IF YOU HAVE ANSWERED YES TO ANY ONE OF THE QUESTIONS IN SECTION B, PROCEED AND COMPLETE THE NEXT SECTION OF THIS FORM.**

NAME OF FAMILY PHYSICIAN/NP: \_\_\_\_\_ Address/Phone: \_\_\_\_\_

NAME OF PSYCHIATRIST/PSYCHOLOGIST/OTHER MENTAL HEALTH PROFESSIONAL: \_\_\_\_\_

PAST/PRESENT MEDICAL CONDITIONS:  YES  NO (IF YES, PLEASE SPECIFY): \_\_\_\_\_

PAST/PRESENT MENTAL HEALTH DIAGNOSIS:  YES  NO (IF YES, PLEASE SPECIFY): \_\_\_\_\_

PAST/PRESENT MEDICATIONS:  YES  NO (IF YES, PLEASE SPECIFY): \_\_\_\_\_

PAST/PRESENT INVOLVEMENT WITH MENTAL HEALTH PROGRAM/COUNSELLING:  YES  NO

MOBILITY ISSUES:  YES  NO (IF YES, PLEASE SPECIFY) \_\_\_\_\_

ALLERGIES:  YES  NO (IF YES, PLEASE SPECIFY) \_\_\_\_\_

REASON FOR REFERRAL: (CHECK ALL THAT APPLY): SERVICE REQUESTED:  PSYCHIATRY CONSULT  THERAPY/COUNSELLING

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> DEPRESSION   | <input type="checkbox"/> CHANGES IN MOOD/BEHAVIOR  | <input type="checkbox"/> SLEEP / APPETITE DISTURBANCE |
| <input type="checkbox"/> ANXIETY  | <input type="checkbox"/> MANAGING ILLNESS  | <input type="checkbox"/> SUBSTANCE USE                |
| <input type="checkbox"/> HEARING VOICES OR SEEING THINGS  | <input type="checkbox"/> UNUSAL THOUGHTS/IDEAS   | <input type="checkbox"/> TRAUMA                       |
| <input type="checkbox"/> MEMORY CONCERNS  | <input type="checkbox"/> RECENT LOSS / LIFE CHANGE   | <input type="checkbox"/> THREATS / HARM TO OTHERS     |
| <input type="checkbox"/> THOUGHTS TO END LIFE <input type="checkbox"/> Recent <input type="checkbox"/> Past | <input type="checkbox"/> SELF-HARM <input type="checkbox"/> Recent <input type="checkbox"/> Past | <input type="checkbox"/> OTHER _____                  |

**DIFFICULTIES WITH: (CHECK ALL THAT APPLY):**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> FINANCES                 | <input type="checkbox"/> EMPLOYMENT/SCHOOL           | <input type="checkbox"/> FAMILY/SOCIAL RELATIONSHIPS |
| <input type="checkbox"/> HOUSING                  | <input type="checkbox"/> MANAGING DAILY LIVING TASKS | <input type="checkbox"/> ALCOHOL/DRUGS/GAMBLING      |
| <input type="checkbox"/> MEMORY/THINKING PROBLEMS | <input type="checkbox"/> MANAGING ILLNESS SYMPTOMS   | <input type="checkbox"/> MANAGING MEDICATION         |

Please specify: \_\_\_\_\_

DURATION OF PROBLEM:  Under 3 months  6-12 months  1year+

SIGNATURE OF PERSON COMPLETING THE REFERRAL: \_\_\_\_\_

**DECLARATION OF CONSENT:**

I am aware that the personal and health information could be forwarded to the Community Mental Health Program. I hereby consent to forwarding any relevant documentation by making this referral to Southern Health-Santé Sud.

\_\_\_\_\_

\_\_\_\_\_

Signature of Client

Date

**PLEASE INCLUDE ALL RELEVANT DOCUMENTATION (REPORTS, LETTERS, ETC.) PLEASE SEND COMPLETED FORM BY FAX TO THE CRISIS STABILIZATION UNIT @ 346-3539**



**\*\*\*\* Missing Information will delay the referral process \*\*\*\***

Ce Document est aussi disponible en Francais