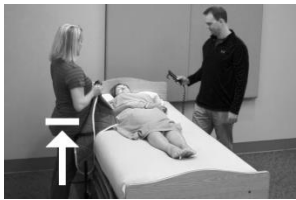




SAFE WORK PROCEDURE		REPOSITIONING IN BED THREE MINIMUM ASSIST OR MORE	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
<p>Potential Hazards:</p> <ol style="list-style-type: none"> 1) If procedure not followed, there is risk for awkward postures and overextension, which can lead to musculoskeletal injury. 2) Depending on the workload, repetitive motions may be a risk. 3) Client or caregiver may slip, trip and fall. 4) Client may grab or strike from reactive or defensive behavior. 5) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		<p>Personal protective equipment / devices required / other safety considerations:</p> <ul style="list-style-type: none"> ➤ Side rail, trapeze bar or bed ladders if applicable ➤ 2 full length bed slider sheets or full length tube slider (bariatric width) or bariatric Breeze/Swift sheets ➤ Appropriate Footwear for Caregivers ➤ Clothing that allows Caregivers' movement ➤ Lift with Repositioning sling ➤ Routine Practices; Additional Precautions as assigned <p>Training:</p> <ul style="list-style-type: none"> ➤ Initial Orientation and regular review ➤ Training on use of sliders and or slings for repositioning <p>Resources:</p> <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.832 Lateral Transfer Three or More Minimum Assist ➤ Video SCHIPP.RES.831 Repositioning in Bed with Lift and Turning Sling Two or More Minimum Assist ➤ Video SCHIPP.RES.830 Repositioning in Bed with Lift and Repositioning Sling Two Minimum Assist 	
<p>Client Criteria and Supportive Information:</p> <ul style="list-style-type: none"> ➤ May have poor arm, trunk and leg strength and be unable or limited in ability to assist with bed mobility. ➤ Difficulty with manual rolling of Client and or manual rolling is uncomfortable for Client ➤ Assistance from a minimum of 3 Caregivers is required for either moving up/down in bed, side to side or turning in bed. ➤ An Additional Caregiver is recommended for every 100 lb. of Client weight to stay in minimal force exertion of 35 lb. ➤ This procedure provides options for 3-5 Caregivers. Please note that there are no standardized, research based techniques for manually assisting Clients of bariatric size with 3-5 Caregivers. These cases are complex and positioning directions must be described clearly in the care plan. OT/PT assessment and guidance are recommended with any manual handling involving Clients of bariatric size. ➤ Best Practice guidelines support the use of lift equipment, ideally ceiling lift and repositioning slings if available, to reposition with avoidance of manually handling Clients of bariatric size. ➤ Never leave slider under Client. Remove when repositioning is complete, unless a Breeze/Swift sheet set which is tucked in under mattress. Client needs to fit in the slider portion of the Swift bottom sheet. ➤ Bed may need to be elevated up to 30° to allow for good breath control of Client during procedure. 			



Steps to perform this task safely:



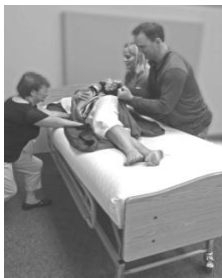
Caregivers prepare for the positioning task.

- Consider placement of bed to ensure adequate space for multiple Caregivers.
- Consider bed at waist height of shortest Caregiver if possible. When there is multiple Caregivers, ensure that instruction to Client is given by one appointed as leader.
- Position Client's arms over chest if able, and knees bent or one leg crossed over other.



Position Selves and Client:

- Unfold sliders underneath Client, if using slider sheets or tube slider.
- Two Caregivers will position on either side of the bed. Additional Caregivers may provide extra assistance by positioning themselves beside a smaller Caregiver and/or the Client's heavier side or by supporting a Client's stiff or weak limbs, (knees bent and hold feet on mattress when moving up in bed).
- Ask Client to tuck in their chin and lift head, if able, prior to movement and assist as much as able.



Reposition Client:

- Additional Caregivers can provide extra assist, if during turning, on the side that turns away, if moving to the side a second Caregiver to help pull to that side or an extra Caregiver to provide limb support during a movement.
- Remove slider or tuck in bariatric Breeze/Swift top sheet under mattress depending on what equipment is used.
- Another option is to reposition Client using a repositioning or turning sling and lift. Consider using a repositioning sling if slider use is difficult.

Comfort and Positioning:

- Caregivers ensure Client is comfortable and safely positioned.
- Bed should be lowered to proper height when Caregiver leaves the room (lowest position or so Client can stand on own).

Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.

Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.

Note: this task will be monitored periodically to ensure compliance and safety.