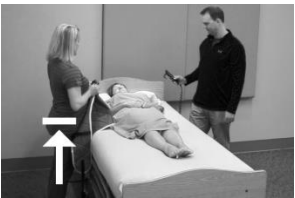




SCHIPP.M4.009

SAFE WORK PROCEDURE		REPOSITIONING IN BED WITH BREEZE/SWIFT SHEETS TWO MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President – Human Resources	Issue Date: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
<p>Potential Hazards:</p> <ol style="list-style-type: none"> 1) If procedure not followed, there is a risk for awkward bending, reaching and over-extension, which can lead to a musculoskeletal injury. 2) Depending on the workload, repetitive motions may be a factor. 3) Client or Caregiver may slip, trip and fall. 4) Client may grab or strike from reactive or defensive behavior. 5) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report to supervisor.</p>		<p>Personal protective equipment / devices required / other safety considerations:</p> <ul style="list-style-type: none"> ➤ MIP fitted Breeze/Swift sheet and flat horizontal slider sheet (standard or bariatric size) ➤ Adjustable bed, if possible ➤ Appropriate Footwear for Caregivers ➤ Clothing that allows Caregivers' movement ➤ Additional Caregivers may be required based on Client needs ➤ Routine Practices; Additional Precautions as assigned <p>Training:</p> <ul style="list-style-type: none"> ➤ Initial Orientation and regular review <p>Resources:</p> <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.829 Repositioning in Bed with Breeze or Swift Sheets Two Minimum Assist 	
<p>Client Criteria and Supportive Information:</p> <ul style="list-style-type: none"> ➤ May be uncooperative or unable to follow instruction. ➤ May have poor arm, trunk and leg strength and unable to assist with repositioning in bed. ➤ Recommended for dependent Clients who move little in bed and fit in the slider portion of the fitted sheet. ➤ There is a bariatric set that can be used if Client is wider than the width of the standard slider portion. May need additional Caregiver assist. Another option is to reposition using full length sliders or a floor or ceiling lift with repositioning slings. ➤ Bed sliders are designed to slide Client across bed surface, not to lift Clients. ➤ This sheet set, stays on the bed with top sheet tucked in between mattress and frame of bed when not in use by Caregiver and Client is lying in bed. 			
<p>Steps to perform this task safely:</p>			
		<p>Set Up See SCHIPP.M2.002 Guideline Preparation For Client Handling Tasks: Caregivers prepare for the Repositioning task.</p> <ul style="list-style-type: none"> ➤ Position bed at waist height of shortest Caregiver if possible. ➤ Position Client's arms over chest, if able. Instruct Client of task ➤ The horizontal top sheet should be positioned just under the pillow and down so Client's shoulders and hips are on it. ➤ Caregivers un-tuck top sheet, roll edges in close to Client, grasp with palms down at Client's hip and shoulder, turn thumbs up, wrists neutral. ➤ Caregivers in a wide base of support, opposite sides of bed facing each other at Client's trunk. 	



Client is Repositioned:

- Caregivers count to indicate when movement begins.

UP-DOWN:

- Bend Client's knees and put feet on bed if able or cross one leg over the other or raise foot of bed prior to repositioning. Encourage Client to assist, if able.
- Caregivers slide Client by weight shifting from one leg to the other in the desired direction of the move. Keep back straight and elbows at sides. Refrain from overexerting self to complete a slide in one movement. If needing to move Client a long distance, repeat procedure using small, manageable weight shifts which is more comfortable for the Client.



TURNING:

- Receiving Caregiver places open flat hands on Client's shoulder and hip or, palms down under the top sheet at Client's shoulder and hip. Weight shift forward in lunge position from back leg to front leg and push down into mattress, so Client ends up facing them.
- Other Caregiver grasps the top sheet with palms down and thumbs up, elbows in, close to Client's hip and shoulder. Caregiver weight shifts forward in lunge position from back leg to front leg and upward to assist in the turn, so Client's back is facing Caregiver.
- This is also the turning method used with full length tube slider or sheets.



SIDE-SIDE:

- Only position Client side to side minimally, if required, as Client will have their body only partly on sliding portion and friction will increase when attempting the next move.



Comfort and Positioning:

- Horizontal sheet is smoothed out and tucked under mattress on both sides. Try to tuck in without lifting mattress, palms down or push in with a ruler or similar tool.
- Fabric/heel boots/pillow should be placed over the fitted sheet at the lower leg area, to prevent any redness that may result from the slider portion. This may cause irritation to Client's bare skin. Be aware of pressure injury considerations.
- Raise knee gatch/foot of bed slightly, to prevent Client from sliding down mattress even if head of bed not elevated. If head of bed is elevated, first raise foot of bed first to prevent any sliding. Bed lowered.
- Caregivers ensure Client is comfortable and safely positioned.

Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.

Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.

Note: this task will be monitored periodically to ensure compliance and safety.