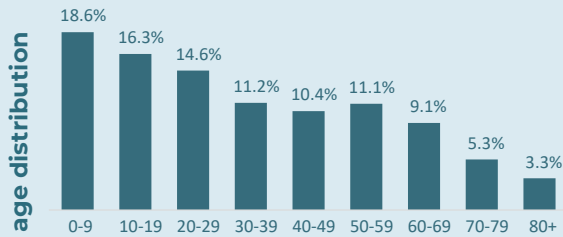


SEVEN REGIONS DISTRICT

Summary of Westlake-Gladstone Municipality, RM of Alonsa, and Sandy Bay Ojibway First Nation for Public Health-Healthy Living

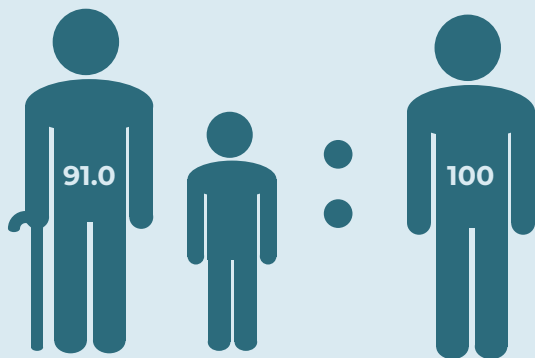
6,270 RESIDENTS



1.2%
growth 2013-2018



LIFE EXPECTANCY
lower vs. MB &
lowest in the region



dependents

working age

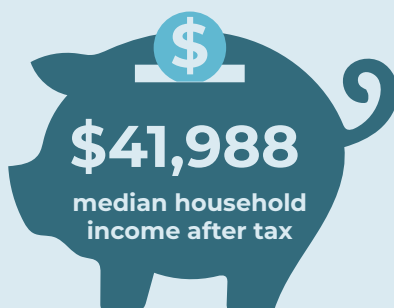
DEPENDENCY RATIO

Ratio of youth (0-19) & older adults (65+) dependents to working age population (20-64), indicating more pressure on the working population to care for dependents

Seven Regions



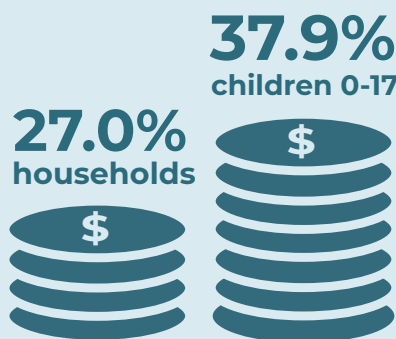
345 LONE PARENT FAMILIES
primarily women-led



\$41,988

median household
income after tax

lowest in the region
SH-SS \$60,802 - MB \$59,093



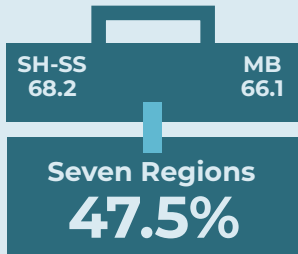
live in low income
highest in the region



HOUSING AFFORDABILITY
28% of tenants & 8% owners
spend 30% + on shelter costs, a
bit lower vs. regional prevalence

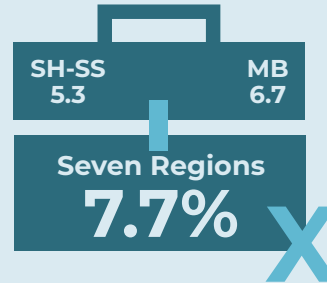
For more information on the health of the residents in your area & Southern Health-Santé Sud, visit www.southernhealth.ca for the complete 2019 Community Health Assessment

LABOUR FORCE



aged 15+ participate in labour force, lowest in the region, more males vs. females

UNEMPLOYMENT



unemployed as a % of the labour force, highest in the region



SOCIOECONOMIC FACTOR INDEX

reflects socioeconomic conditions and social determinants of health (income, marital status, education, unemployment)



MATERIAL DEPRIVATION

reflects status of wealth, goods, & conveniences

**WORSE VS. MB
& WORST IN THE REGION**

**WORSE VS. MB
& WORST IN THE REGION**

EDUCATION

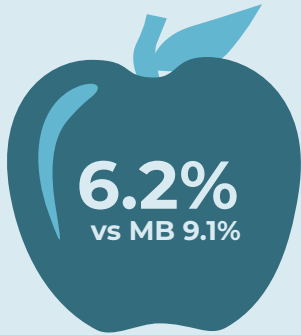


aged 15+ with no certificate, degree, diploma & highest % in the region

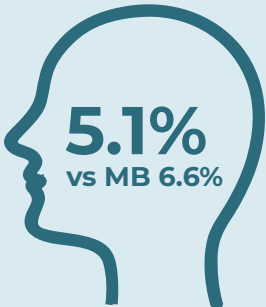
SUBSTANCE USE



IN SOUTHERN HEALTH-SANTÉ SUD...

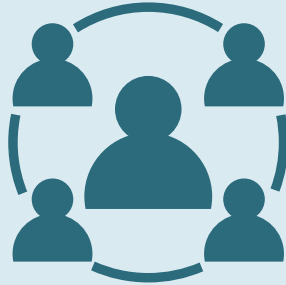


in SH-SS report moderate/severe food insecurity



in SH-SS report poor/fair mental health

COMMUNITY BELONGING



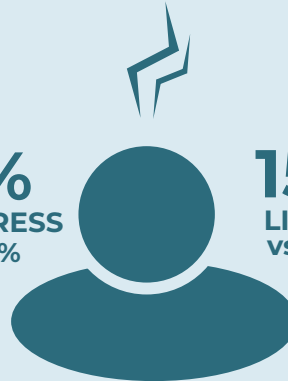
SH-SS

22.7% very strong

50.2% somewhat strong

21.5% somewhat/very weak

12.2%
WORK STRESS
vs MB 15.3%



15.5%
LIFE STRESS
vs MB 18.9%

in SH-SS report quite a bit /extremely stressful