





SAFE WORK PROCEDURE		STAND ASSIST FRAME ONE MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President - Planning, Innovation, Quality, Patient Safety and Risk	Date Created: December 5 2017	Review Date: December 20 2017 Revised date: January 2 2018
Potential Hazards Present: <ol style="list-style-type: none"> 1) If procedure not followed, there is a risk for awkward postures and over exertion, which can lead to a musculoskeletal injury. 2) Depending on the workload, repetitive motions may be a factor. 3) Client or Caregiver may slip, trip and fall. 4) Client may grab or strike from reactive or defensive behavior. 5) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.</p>		Personal protective equipment / devices required / other safety considerations: <ul style="list-style-type: none"> ➤ Stand Assist Frame (Sara Stedy™) ➤ Transfer belt (if Client requires second assist) ➤ Appropriate Footwear for Caregiver(s) and Client ➤ Clothing that allows movement for Caregiver(s) ➤ Routine Practices; Additional Precautions as assigned 	
Client Criteria and Supportive Information: <ul style="list-style-type: none"> ➤ Alert and follows instruction. ➤ Has full trunk strength to maintain sitting on edge of bed or chair ➤ Can pull self to stand with at least one arm and hold onto handles ➤ Has ability to lift legs and maintain standing on platform ➤ If Client requires assist to stand, a second Caregiver would be required with a transfer belt. 		Training: <ul style="list-style-type: none"> ➤ Initial Orientation and regular review ➤ Training on Transfer Belt Use Resources: <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.815 Stand Assist Frame One Minimum Assist 	
Steps to perform this task safely:			
		Preparing for the Transfer: <ul style="list-style-type: none"> ➤ Apply brakes to chair or bed that Client is sitting on. ➤ With Client sitting comfortably at the edge of the surface, open base with foot pedals and position stand assist frame, seat pads open in front of seated Client. ➤ Move stand assist frame so that shin pad contacts front of Client's legs. ➤ Have Client lift feet and place on platform. ➤ Apply brakes on stand assist frame. 	

	<p>Assist to Standing:</p> <ul style="list-style-type: none"> ➤ Caregiver stands at the side of Client wide base of support, back straight, knees bent. ➤ Have Client place hands on horizontal handlebar and lean forward, instructing them to pull self to stand. If Client requires assist to stand, a second Caregiver with a transfer belt cues Client at low back from a bed or chair surface; either with a knee on bed or sitting, or wide stance beside the Client if using a chair ➤ Once Client balanced, Caregiver flips seat pads down behind Client's buttocks ➤ Instruct Client to sit down with knees against pad, and then unlock brakes on wheels. ➤ The Client should be instructed to keep holding horizontal handlebar during the transfer.
	<p>Transfer to Chair or Bed:</p> <ul style="list-style-type: none"> ➤ Caregiver moves in front of Client. Stand with wide base of support, one leg in front of the other. Unlock brakes and grab handles of the stand assist frame. Keep elbows close to body and take steps to move stand assist frame, careful not to twist the back. If there is a second Caregiver, walk beside to guide Client. ➤ Transport short distances only, (bathroom in bedroom area). Base may need to be narrowed to move through doorway. ➤ Continue until receiving surface can be felt at back of Client's legs. Position Client over destination surface, lock brakes on stand assist frame. ➤ Instruct Client to stand, flip seat wings up and out of the way. ➤ Instruct Client to sit on receiving surface either holding onto bar or reach for armrest or rail. If there is a second Caregiver, assist Client to sit down, with Client's knees against rest.
	<p>Comfort and Positioning:</p> <ul style="list-style-type: none"> ➤ Have Client lift feet off platform, unlock brakes and remove stand assist frame. ➤ Remove transfer belt if applicable ➤ Replace foot rests on wheelchair if appropriate. ➤ Ensure Client is comfortable and safely positioned.
<p>Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p>Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p>Note: this task will be monitored periodically to ensure compliance and safety.</p>	